

Volume 3, Issue 28  
September 2022



# THE DUKE



SEPTEMBER 2022

## Inside this issue:

June 2022 Events.....	2-65
July 2022 Events.....	66-97
August 2022 Events.....	97-129
Sept 2022 Events....	130-151
The Barrett Bunker...	152-154
Duke's Den.....	155-157
Museum Society.....	158-168
Association Kit Shop.....	169
Remembrance.....	170-173
Asleep.....	174



Canada

QUEEN ELIZABETH II 1924 – 2022

# **Articles, Announcements & News Releases**

Editor's Note: We mark this September Edition at a time where we acknowledge the amazing and long service and passing of Her Majesty Queen Elizabeth II for over 70 years, and welcome our new King, Charles III. God save the King!

The Duke is only as good as the articles we receive, so we encourage our readers to send in pictures, with stories of any BCR or other event which you feel would interest our readers. Please note that the chapters from June until the end of September capture the activities from The BCR Weekly News previously published, minus invitations, and that new articles on Regimental history, activities, and remembrance well worth your reading are enclosed afterwards. On a personal note, I wish to thank all those who have contributed historical articles for publication.

## **JUNE**

### **MEMORIAL DAY CEREMONY ROBERT MOLES VETERANS PARK ALLIED VETERANS MEMORIAL AVENUE OF THE FLAGS, FERNDALE, WASHINGTON 29 MAY 2022**

At the invitation of Ravi Gill, USMC S/Sgt (Ret'd), a good friend of the Regimental Family, the former Honorary Colonel of the Regiment, Ted Hawthorne, attended the moving Ceremony of Remembrance held in the early afternoon at the Allied Veterans Memorial on Sunday, 29 May 2022. As part of the ceremony, Ted placed a wreath in remembrance of the Fallen of the US Armed Forces, on behalf of the Regimental Association.

We will remember them!





Many thanks to our friends in the American Veterans' Community for their friendship and support! Kudos to Ravi, Civil Air Patrol Cadet C/Senior Master Sergeant Jayden Gill and Cub Scout Ali Gill, for their wonderful hospitality.

Up the Dukes!













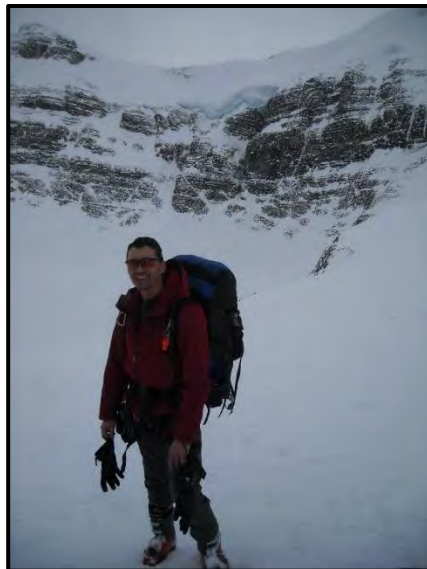






## EDITOR'S NOTE:

The following profile of MCpl Stan Clark was originally published by **ATLAS INSTITUTE FOR VETERANS AND FAMILIES** and is reproduced verbatim herein with their very kind permission.





Civilian Instructor Stan Clarke instructing Army Cadets



Growing up in the Lower Mainland of British Columbia, MCpl (Ret'd) Stan Clark's first exposure to the military was going on army cadet exercises with his Scottish father, a British Army Veteran and member of the Canadian Armed Forces (CAF).

Enjoying the rigours of mountain climbing and experiencing the outdoors of B.C. and the Yukon were the impetus for Stan to join the Navy League and eventually the Army Cadets. "My passion for the mountains was ignited when I attended a cadet leadership course in Banff and then subsequently an Outward Bound adventure in Wales," says Stan.

Stan's Korean mom was less enthusiastic about his desire to join a military organization due to her agonizing memories of life in North Korea and having to escape its oppressive military regime. She was fortunate enough to escape to South Korea with some of her siblings but unfortunately not all family members in North Korea able to flee. Additionally, she had endured the demands of being a military spouse. She feared her son joining the CAF, as that would mean a life of going on dangerous deployments and being in harms way — similar to her husband's experience. However, when she saw how being part of a cadet unit created a sense of belonging, purpose and comradeship for Stan, she eventually relented and gave her blessing.

Stan started his military career as a Reservist with the Royal Westminster Regiment (R Westmr R). He eventually transferred into the Regular Force and became a member of the 1st Battalion of the Royal Canadian Regiment (RCR).

Despite serving in the elite Canadian Airborne Regiment as a young paratrooper, Stan left full-time service to finish high school and examine other career options. He returned as a Reservist to the R Westmr R and was able to share his newfound skills acquired in the Regular Force.

After the brief hiatus, Stan realized that he missed the structure and employment opportunities that the

Ayant grandi dans le Lower Mainland en Colombie-Britannique, le caporal-chef (à la retraite) Stan Clark a vécu sa première expérience avec l'armée en participant aux exercices des cadets avec son père écossais, vétéran de l'armée britannique et membre des Forces armées canadiennes (FAC).

Les rigueurs de l'alpinisme et du plein air en Colombie-Britannique et au Yukon sont des éléments qui ont incité Stan à se joindre à la Ligue navale et plus tard aux Cadets de l'Armée. « J'ai découvert que j'aimais la montagne quand j'ai suivi un cours de leadership pour cadets à Banff, puis quand j'ai participé à une excursion avec Outward Bound au Pays de Galle », raconte Stan.

La mère coréenne de Stan ne partageait pas l'enthousiasme de son fils qui voulait s'engager dans un organisme militaire parce qu'elle avait des souvenirs pénibles de la vie en Corée du Nord et qu'elle avait dû échapper au régime militaire oppressif de ce pays. Elle avait réussi à s'enfuir en Corée du Sud avec une partie de ses frères et sœurs, mais tous les membres de sa famille n'avaient pas réussi à fuir. Elle avait aussi dû endurer ce qui est attendu d'une femme de militaire. Elle craignait que son fils ne s'engage dans les FAC parce que cela signifiait pour lui une vie de missions et de situations dangereuses, comme celle de son mari. Toutefois, quand elle a vu combien les cadets ont apporté un sentiment d'appartenance, un sens du devoir et un esprit de solidarité à son fils Stan, elle a fini par céder et par lui donner sa bénédiction.

Stan a commencé sa carrière militaire comme réserviste avec le Royal Westminster Regiment (R Westmr R). Il est ensuite passé dans la Force régulière et est devenu membre du 1<sup>er</sup> bataillon du Royal Canadian Regiment (RCR).

Même s'il avait servi dans le Régiment aéroporté d'élite du Canada en tant que jeune parachutiste, Stan a quitté le service à temps plein pour terminer ses études secondaires et explorer d'autres perspectives de carrière. Il est revenu comme réserviste au R

Regular Force offered, so he rejoined. His postings and deployments included Operation HARMONY in the former Yugoslavia, 3rd battalion RCR (Parachute Company), and then getting posted to CFB Suffield and rebadging to the Princess Patricia's Canadian Light Infantry (PPCLI). Stan deployed on Operation APOLLO (first rotation into Afghanistan) in 2001.

Unfortunately, Stan was injured during a friendly fire incident at Tarnak Farms while participating in live fire ranges. An unintentional 500-lb bomb was dropped on Stan's platoon, killing four soldiers and injuring many more. Thus began Stan's journey toward mental, physical and spiritual health. He was finally posted to the 39th Brigade in Vancouver, where he was given the opportunity to heal and start his medical release from the CAF.

Stan found that he received significant help from the physician's assistant at CF Health services, who encouraged him to share his experience with other wounded members. This was his first exposure to peer support, which he continues to advocate for today.

Today, Stan uses his military skills and love for the great outdoors to support his recovery. He shares his experiences with other Veterans and hosts outdoor events so that fellow military members can find healing through physical activity and comradeship. He works with his local army and air cadets units, where he can continue to mentor and provide guidance to Canadian youth.

Westmr R et a pu mettre à profit ses nouvelles compétences dans la Force régulière.

Durant ce bref crochet, Stan a compris que l'encadrement et les possibilités d'emplois dans la Force régulière lui manquaient, ce qui fait qu'il a réintégré les rangs. Il a été envoyé en affectation et déployé avec l'opération HARMONY en ex-Yougoslavie et le 3<sup>e</sup> bataillon du RCR (compagnie de parachutistes), avant d'être affecté à la Base des Forces canadiennes Suffield, rebaptisée la Princess Patricia's Canadian Light Infantry. Stan a aussi été déployé dans le cadre de l'opération APOLLO (première rotation en Afghanistan) en 2001.

Malheureusement, Stan a été blessé par un tir fratricide à la ferme de Tarnak alors qu'il participait à un exercice de tir réel. Une bombe de 500 livres a été lâchée par erreur sur le peloton de Stan, tuant quatre soldats et en blessant de nombreux autres. C'est ainsi qu'a commencé le cheminement de Stan vers la santé mentale, physique et spirituelle. Il a été affecté à la 39<sup>e</sup> Brigade à Vancouver, où il a pu se remettre et commencer sa vie après sa libération des FAC pour raisons médicales.

Stan a senti toute l'aide que lui apportait l'adjoint du médecin des Services de santé des Forces canadiennes, qui l'a encouragé à raconter son histoire à d'autres membres blessés des FAC. Il a ainsi pu vivre sa première expérience de soutien par les pairs, une méthode de soutien dont il se fait encore maintenant l'apôtre.

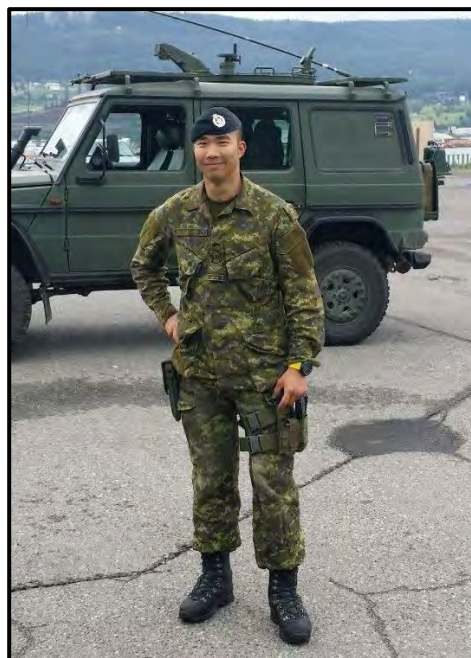
Aujourd'hui, Stan mise sur ses compétences militaires et son amour du plein air pour faciliter son rétablissement. Il parle de son vécu à d'autres vétérans et organise des activités en plein air pour que l'activité physique et la camaraderie puissent contribuer à leur guérison. Il travaille aussi avec des unités locales de l'armée et des cadets de l'air, avec lesquelles il peut continuer à servir de mentor et de conseiller auprès des jeunes du Canada.





## EDITOR'S NOTE:

The following profile of Lieutenant Tim Chi Lee was originally published by **ATLAS INSTITUTE FOR VETERANS AND FAMILIES** and is reproduced verbatim herein with their very kind permission.



Lieutenant Tim Chi Lee's family emigrated from Hong Kong in the 1980s and settled in East Vancouver. The Lee family was eager to integrate into the Vancouver lifestyle. Tim Chi's childhood was similar to his peers — going to school, playing hockey and hanging around with friends. Despite being born in Vancouver, at times, Tim Chi felt like an outsider. People would ask him about his background. They would ask, "Where are you from?" When he'd reply that he's from Vancouver, the usual follow-up question was, "No, where are you *really* from?" Thankfully, this was a rare occurrence in the diverse and multicultural city of Vancouver. However, Tim Chi experienced a difficult childhood that later manifested itself as depression and anger.

The impetus to join the Canadian Armed Forces (CAF) came from Tim Chi's father, who regaled him with stories of what the Canadian military had accomplished on the world stage. "My father believed that serving in the Canadian Armed Forces was noble, that it was a force for good," says Tim Chi. At a young age, Tim Chi's mother encouraged him to enroll in the Navy League Program, where he revelled in the structure, sense of belonging and comradeship that the program provided.

After high school, Tim Chi joined the British Columbia Regiment (Duke of Connaught's Own), an Armoured Reconnaissance unit of the Army Reserves. During his time with the British Columbia Regiment (BCR), Duke of Connaught's Own (DCO). He enjoyed driving, especially vehicles with a manual transmission, and learning the Armoured Recon trade. "I was given every opportunity to succeed," Tim Chi explains. He felt that he was continually supported by both his peers and the chain of command in his endeavours.

During his initial years in the military, Tim Chi was able to operate within a military environment because he didn't have the mental space to feel or focus on anything other than training. This would eventually catch up to him "I didn't deal with it until it began to interfere with my work," he adds.

In 2008 when Tim Chi was working full-time at the local Brigade Headquarters, he discovered that he wasn't able to cope or ignore the depression that was starting to take a toll on his life. "There would be days that I just wasn't functional. I would regularly miss work, ignore phone calls, lock myself at home for the day, or have panic attacks

Le lieutenant Tim Chi Lee et sa famille ont émigré de Hong Kong dans les années 1980 pour s'établir dans le secteur d'East Vancouver. La famille Lee n'a pas hésité à embrasser le mode de vie vancouverois. Tim Chi a connu une enfance semblable à celle de ses pairs : l'école, le hockey et du bon temps avec les copains. Pourtant, même s'il était natif de Vancouver, Tim Chi avait parfois le sentiment d'être un étranger. Les gens l'interrogeaient sur son parcours, du genre « D'où viens-tu? » Et lorsqu'il répondait qu'il était de Vancouver, on lui répliquait la plupart du temps : « Non, mais d'où viens-tu *vraiment*? » Heureusement, ces situations étaient anecdotiques puisque Vancouver est une ville diversifiée et multiculturelle. Mais malgré cela, Tim Chi a connu une enfance difficile qui s'est plus tard manifestée par une dépression et de la colère.

C'est le père de Tim Chi qui l'a incité à joindre les rangs des Forces armées canadiennes (FAC), en lui relatant avec intérêt les exploits des militaires canadiens à l'échelle internationale. « Mon père pensait qu'il y avait quelque chose de noble à servir dans les Forces armées canadiennes, qu'il considérait comme un allié du bien. » Sous l'influence de sa mère, le jeune Tim Chi s'est inscrit au programme de la Ligue navale, où il a découvert la camaraderie, le sentiment d'appartenance et le milieu structuré qui faisaient partie intégrante du programme.

Après ses études secondaires, Tim Chi s'est joint au British Columbia Regiment – BCR (Duke of Connaught's Own – DCO), une unité de reconnaissance blindée de la Réserve. Il adorait conduire des véhicules, particulièrement ceux à transmission manuelle, et c'est au sein du BCR qu'il a appris avec grand plaisir les rudiments des missions de reconnaissance blindée. « On m'a donné toutes les chances de réussir », avoue Tim Chi. Ce dernier a toujours senti qu'il avait l'appui de ses pairs et de la chaîne de commandement dans tout ce qu'il entreprenait.

Pendant ses premières années de service dans l'armée, Tim Chi est parvenu à évoluer au sein d'un contexte militaire car il n'accordait aucun espace mental à ses émotions, l'entraînement demeurant son unique préoccupation. Cela a fini par le rattraper : « Je n'ai pas prêté attention à cette situation jusqu'à ce qu'elle commence à nuire à mon travail », ajoute-t-il.

En 2008, alors que Tim Chi travaillait à temps plein au quartier général de la brigade locale, il a constaté qu'il



when stressed. There were two concurrent triggers that really brought on my realization that I needed professional help. First, my inability to keep a regular schedule was starting to lead to disciplinary actions at work,” Tim Chi explains.

While some of his co-workers and supervisors questioned Tim Chi’s reliability, others recognized the signs and symptoms of depression and steered him towards Canadian Forces Health Services to get help. Concurrently, his girlfriend at the time saw how he was dealing with stress in an extremely unhealthy way and urged him to seek professional help. “These two intersections led me to the realization that I could not keep packing down and/or running away from feeling, but that I had to work through the things that were in my head,” he adds.

Tim Chi started to work with a social worker at HQ and began unpacking what the root causes were. He was then was referred to a counsellor who specialized in military and police clients, “I was given the opportunity to learn coping mechanisms as well as how to understand, reframe, and work through a lot of the trauma, pain, and anger that I had been carrying with me,” says Tim Chi. Despite the stigma and potential career implications, Tim Chi persevered. “...at that point in my life, I had no other choice. I was either going to lose my [military career] for disciplinary issues, or I could work to improve the situation,” he adds. Tim Chi had hit bottom and decided to seek help.

Tim Chi’s experience dealing with his mental health diagnosis was difficult, especially within his family and the Asian community. At that time, some members of the community never discussed or actively avoided the topic of mental health. “My parents were extremely shocked to find out that I was seeking professional help for mental health related issues. They didn’t understand what it meant to seek the help of mental health professionals and just wanted me to get fixed quickly. I had to explain that the road to recovery would be a process that wasn’t going to happen overnight,” he says. His perseverance paid off.

Thankfully Tim Chi continued seeking help and went on to have a fulfilling career in the CAF. “I recognize[d] that I was extremely blessed at that time to have one supervisor who believed in my potential and helped me through the mental health system.”

n’arrivait plus à gérer la dépression qui commençait à perturber sa vie, ni à en faire abstraction. « Certains jours, je n’arrivais tout simplement pas à fonctionner. Je m’absentais régulièrement du travail, je ne répondais pas au téléphone, je me réfugiais chez moi pour la journée, ou encore je faisais des crises de panique lorsque j’étais stressé. Puis, deux éléments déclencheurs simultanés sont arrivés dans ma vie, et c’est à ce moment que j’ai pris conscience que j’avais besoin d’une aide professionnelle. D’abord, parce que je n’arrivais plus à respecter un horaire régulier, j’ai commencé à faire l’objet de mesures disciplinaires au travail », explique Tim Chi.

Alors que certains de ses collègues et de ses superviseurs mettaient en doute la fiabilité de Tim Chi, d’autres ont reconnu chez lui les signes et les symptômes de la dépression, et ils n’ont pas hésité à l’orienter vers les Services de santé des Forces canadiennes afin qu’il obtienne de l’aide. Au même moment, sa petite amie de l’époque a constaté qu’il réagissait de façon très malsaine au stress et l’a incité à demander de l’aide professionnelle. « Ces deux interactions m’ont amené à prendre conscience que je ne pouvais pas continuer à réprimer ou à fuir mes émotions, mais que je devais me résoudre à examiner ce qui se passait dans ma tête », ajoute-t-il.

Tim Chi a commencé à consulter un travailleur social du QG et à explorer l’origine profonde de ses problèmes. On l’a ensuite dirigé vers un conseiller spécialisé auprès de la clientèle militaire et policière. « Il m’a amené à développer des mécanismes d’adaptation, puis à comprendre, à recadrer et à surmonter une grande partie des traumatismes, de la douleur et de la colère que je cultivais en moi », explique Tim Chi. Malgré la stigmatisation qu’il risquait de subir et les conséquences auxquelles il s’exposait par rapport à sa carrière, Tim Chi a persisté. « À ce moment-là de ma vie, je n’avais pas d’autre choix : soit je renonçais à ma carrière militaire pour des enjeux disciplinaires, soit je m’efforçais d’améliorer la situation », ajoute-t-il. Tim Chi avait touché le fond et a décidé de demander de l’aide.

Composer avec un diagnostic de santé mentale a été difficile pour Tim Chi, surtout auprès de sa famille et de la communauté asiatique. À l’époque, certains membres de la communauté n’abordaient pas ou évitaient délibérément le sujet de la santé mentale. « Mes parents ont été particulièrement bouleversés d’apprendre que je consultais un professionnel pour des problèmes de santé

After a period of time leadership responsibilities were entrusted to Tim Chi early in his career, and he grew as a leader to become a Senior Non-commissioned Officer (NCO) within the regiment. He took on significant leadership roles with the BCR and was recognized by the unit leadership for his dedication and work ethic.

He has fond memories of the Primary Leadership Qualification (PLQ) course, where he and his course mates were pushed beyond their physical and mental limits. While some of his peers lamented the experience, Tim Chi relished in the challenge. Some career highlights include deployment on domestic operations such as Op LENTUS in 2017 and the various opportunities to travel at home and abroad. Tim Chi has seen every province in the nation, travelled to Europe to participate in regimental battlefield tours, and climbed Mt Kilimanjaro in east Africa with members of the BCR.

During his time in the Intermediate Leadership Program, a national course for progression to the rank of Warrant Officer, Tim Chi was challenged by one of his peers to pursue a career as an officer in the CAF.

After considerable reflection and being action oriented, Tim Chi decided to see if he had what it takes to be a pilot in the Royal Canadian Air Forces. After a rigorous selection process, he was one of three selected applicants out of twenty applicants. Finally, the dream to fly aircraft in the CAF was becoming a reality.

Tim Chi credits his time in the army and the support of family and friends for his success. A serious commitment to his faith, family, and physical and mental wellness helps him manage the demands of military life. He is encouraged by the fact that the CAF has come a long way in the realm of mental health, and well-being for its members. "Back then they didn't have peer sentinels and the briefings on mental health still seemed quite "distant" or inaccessible when discussed among junior ranks. I also felt the stigma of having these issues come from my family history, rather than from an operational stress injury," Tim Chi explains. Today there is specific mental wellness training for all rank levels that helps create awareness, reduce stigma and train supervisors.

He currently works in the Operational Support Squadron at 19 Wing Comox. Tim Chi appreciates how fortunate he is

mentale. Ils ne comprenaient pas ce que signifiait de demander de l'aide d'un professionnel en santé mentale : ils voulaient seulement que je me dépêche à me remettre sur pied. J'ai dû leur expliquer que le chemin vers la guérison était un processus qui ne se réalisait pas du jour au lendemain », raconte-t-il. Sa persévérance a porté fruit.

Heureusement, Tim Chi a continué de consulter et a connu une carrière enrichissante au sein des FAC. « Je reconnais qu'à l'époque, j'ai eu la chance incroyable d'avoir un superviseur qui croyait en mon potentiel et qui m'a aidé à aborder le système de santé mentale. »

Après un certain temps, il s'est vu confier des responsabilités de leadership, si bien qu'il a gravi les échelons au sein du régiment jusqu'à devenir sous-officier supérieur. Tim Chi a d'ailleurs assumé d'importants rôles de direction au sein du BCR et a été reconnu par l'unité de commandement pour son dévouement et son éthique du travail.

Il garde de bons souvenirs de sa formation de qualification avancée en leadership, où lui-même et ses camarades de classe avaient dû se surpasser, tant sur le plan physique que psychologique. Tim Chi se souvient d'avoir apprécié ce défi, alors que certains de ses pairs avaient trouvé l'expérience particulièrement éprouvante. Parmi les faits saillants de sa carrière, il souligne les déploiements lors d'opérations nationales comme l'Opération LENTUS en 2017, ainsi que ses diverses occasions de voyager au pays comme à l'étranger. Tim Chi a parcouru toutes les provinces au pays, s'est rendu en Europe pour faire la tournée des champs de bataille où son régiment a combattu, et a escaladé le mont Kilimanjaro en Afrique de l'Est en compagnie d'autres membres du BCR.

Alors qu'il suivait le programme de leadership intermédiaire (une formation nationale pour obtenir le grade d'adjudant), c'est l'un de ses collègues qui l'a incité à faire carrière comme officier dans les FAC.

Après mûre réflexion et écoutant son côté proactif, Tim Chi a voulu voir s'il avait ce qu'il faut pour devenir pilote dans l'Aviation royale canadienne. Au terme d'un processus exigeant menant à la sélection de 3 candidats sur un total de 20, il a finalement été retenu : son rêve de piloter un aéronef des FAC devenait réalité...

and looks to each day with gratitude, and embraces the opportunity to serve Canada.

Tim Chi attribue son succès aux années passées dans les forces armées et au soutien de ses amis et de sa famille. Pour mieux affronter les difficultés de la vie militaire, il mise sur sa détermination, le soutien de sa famille et son bien-être physique et mental. Il est rassuré de savoir que les FAC ont beaucoup progressé dans le domaine de la santé mentale et du bien-être au bénéfice de leurs membres. « À l'époque, on ne disposait d'aucune sentinelle de pairs, et les séances d'information sur la santé mentale ne semblaient pas concerner les militaires des rangs inférieurs et elles leur étaient inaccessibles. Je me suis également senti stigmatisé par le fait que mes problèmes découlaient de mes antécédents familiaux, et non d'une blessure de stress opérationnel », explique Tim Chi. De nos jours, on offre aux militaires de tous les grades une formation spécialisée en matière de bien-être qui contribue à sensibiliser les militaires, à réduire la stigmatisation et à former les superviseurs sur le sujet de la santé mentale.

Il évolue actuellement au sein de l'Escadron de soutien aux opérations du 19<sup>e</sup> Escadre Comox. Tim Chi se considère choyé, et il vit chaque journée avec gratitude en savourant sa chance de servir le Canada.

## **From BCR (DCO) We Extent Congratulations to Col (Ret'd) G. Hug, CD former CO LDSH (RC) & Colonel of the Regiment on Award of Sovereign's Medal for Volunteers**

(From LDSH)

Dear Strathcona Family,

On behalf of the entire Regimental Family, I would like to extend our congratulations to **Colonel G. Hug, CD (Ret'd)**, former Commanding Officer and Colonel of the Regiment on receiving the Sovereign's Medal for Volunteers at a recent ceremony at Rideau Hall.

The citation, which can be found on the Governor General's website, <https://www.gg.ca/en/canadian-honours-recipient-may-2022>, reads:

**Colonel Gregory Hug, C.D. (Retired)**  
Stittsville, Ontario



Since 1991, Greg Hug has served as a member of the board of directors of the Lord Strathcona's Horse (Royal Canadians) Regimental Society, and as board chair from 2015 to 2019, to help preserve the history and position of the regiment in Canadian society. Notably, he secures and maintains riding and operating facilities for the Ceremonial Mounted Troop, and assists with the society's artifact exhibit at the Calgary Military Museum.

Again on behalf of the entire Regimental Family, congratulations and thank you for your continued support to the Regimental Society and Ceremonial Mounted Troop Foundation.

BGen Craig Hilton OMM, MSM, CD (Ret'd)  
Colonel of the Regiment  
Lord Strathcona's Horse (Royal Canadians)

## **2781 BCR (DCO) RCACC POWELL RIVER ANNUAL CEREMONIAL PARADE TIMBERLANE BARRACKS 1 JUNE 2022**

With slightly overcast skies, 2781 BCR (DCO) RCACC held their first in person ACR since 2019 at Timberlane Barracks in Powell River, BC. The Smallest of our BCR Cadet Corps has regrown to fourteen cadets over the course of the year and were reviewed by Honorary Colonel of the BC Regiment (DCO), Col Farid Rohani, who brought greetings from the Commanding Officer of the Regiment, LCol Vincent Virk. Under command of the Cadet Corps SSM, Sgt Rumer Lukianchuk, the cadets performed a march past following the inspection by the Reviewing Officer and were complimented for their steadiness on Parade.

Commanding Officer, Captain Caroline Visser, remarked on how much she appreciated their efforts and the support of the parents. Also, in attendance was LCol (Ret'd) Jim Barrett, in his roles as the BCR Cadet Governor, BCR Association president, and as a Civilian Instructor with the corps. Capt Jiri Motak acted as Aide to the RO. Capt (Ret'd) Ted Usher CD represented the Army Cadet League of Canada (BC Branch) and Mr Bill Demkiw (RCL Branch 164) and Lr (N) (Ret'd) DAVE McLennan, CD RCL (Br 232).

HCol Rohani had the pleasure of promoting the SSM to the rank of Warrant Officer prior to the end of the parade. Staff of 2781 BCR (DCO) include Admin O Capt Gary Johnson, CD, Supply O Instructor Dianne Sheldon, Range Safety Officer Capt Joanne Wright, CD, and CI (alias LCol) Jim Barrett, and Capt Jiri Motak, CD, from 2472 15 FD RCACC, who assists the Training Team on a regular basis



SSM, Capt Usher and RO HCol Rohani



2781 BCR Cadets on Parade



2781 BCR conduct a March Past









The advance in Review Order



2781 BCR (DCO) RCACC Powell River Cadets and Staff with HCol Rohani





2781 BCR Official Guests with CO, SSM & Staff

## 3300 BCR (Bhai Kanhaiya) RCACC ANNUAL CEREMONIAL REVIEW 4 JUNE 2022

At 1300 hrs on Saturday the 4<sup>th</sup> of June, 3300 BCR held its first in-person Annual Ceremonial Review (ACR) in three years. Over 45 cadets were on parade at the Sikh Academy in Surrey for the parade supported by their parents, the 3300 BCR Support Committee, and members of the BC Regimental Association. The Reviewing Officer was Honorary Lieutenant-Colonel William (Bill) Diamond who passed on greetings from the Commanding Officer, LCol Vincent Virk, and complimented the cadets for their dress and deportment on parade. LCol (Ret'd) Jim Barrett, CD, President of the Regimental Association was in attendance, along with Vice-President Ted Hawthorne, and Association Director OCDT (Ret'd) Scott Hamilton. Capt (Ret'd) Martin Hilmer and Major (Ret'd) Roger Prouse, CD and Mrs Louise Prouse attended as well as most members of the 3300 BCR Support Committee.

Cadet RSM Sarang was awarded the Royal Canadian Legion Medal of Excellence, and Cadet Master Warrant Officer Palak was awarded the Strathcona Medal by Major Derek Gee, CD, representing the Regional Cadet Support Unit (Pacific) Commander.

Presentations were made by Mrs Simar Pabla, Chair of the 3300 Support Committee, to many attendees as the parade also celebrated the tenth anniversary of the formation of the Cadet Corps in 2012.

Capt Karm Nagra, CD, his team of officers, and the cadets, as well as, the 3300 BCR Support Committee are to be complimented for making a fine effort showcasing the corps and its achievements over the last year as training shifted from virtual back to in-person training.











RSM Sarang awarded the Royal Canadian Legion Medal of Excellence



MWO PALAK awarded the Lord Strathcona Medal



Capt Larden awarded Honorary Colonel's Commendation  
by Former HCol Ted Hawthorn and HLCol Bill Diamond



Advance in Review Order authorized by HLCol Diamond, BCR (DCO)



3300 BCR (BHAH KANHAIYA) RCACC 2022





Presented to Staff & Supporters in Honour of 10<sup>th</sup> Anniversary





Capt (Ret'd) Martin Hilmer, CD ACL (BC) Representative receives his Plaque





Capt Jiri Motak recognised for his prior service to 3300 BCR



Presentation to the Reviewing Officer





Former Cadets who have aged out in last three years receive their Certificates and Mugs



Presentations to BCR Association President & Vice-President with Bouquets for their wives.





Presentation to Officer Staff of 3300 BCR







## **A MESSAGE FROM OUR QUEEN**

*5 June 2022*

When it comes to how to mark seventy years as your Queen, there is no guidebook to follow. It really is a first. But I have been humbled and deeply touched that so many people have taken to the streets to celebrate my Platinum Jubilee.

While I may not have attended every event in person, my heart has been with you all; and I remain committed to serving you to the best of my ability, supported by my family.

I have been inspired by the kindness, joy and kinship that has been so evident in recent days, and I hope this renewed sense of togetherness will be felt for many years to come.

I thank you most sincerely for your good wishes and for the part you have all played in these happy celebrations.



**BCR (DCO) ASSOCIATION BRASS & REED BAND  
AT LADNER BANDFEST  
4 June 2022**

Our Brass & Reed Band led by Band Director, Bombardier. Brian Smith (Ret'd) took part in the annual Ladner BANDFEST held at Memorial Park in Ladner on 4 June 2022. Back after a two-year COVID hiatus, concert bands from all over the Lower Mainland participated in this event, both enjoying each other's music and relishing the chance to strut their stuff!







The band gave a rousing performance of marches and popular tunes. "Canada on the March", "Disco Lives" and "Twist and Shout" were in the line-up. "Paradise City" by Guns N' Roses, arranged by our tuba player, Max Bogard, was both fun to play and very much enjoyed.



The 40-minute set ended with the audience standing while the band played the BCR's Regimental March, I'm 95.

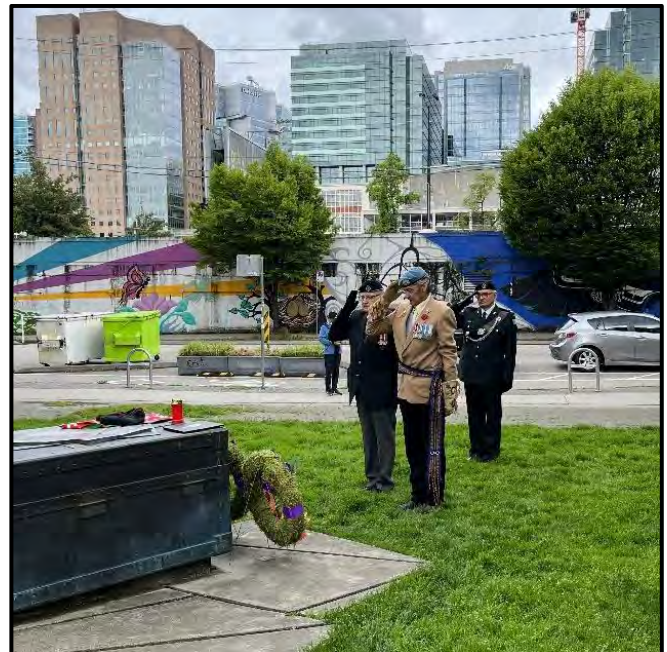
By Bugle-Major Chris Ahern

## **D-DAY REMEMBRANCE SAINT JULIEN SQUARE, VANCOUVER 6 JUNE 2022**

On the 78<sup>th</sup> Anniversary of D-Day, the service and sacrifice of our soldiers, sailors and airmen were remembered at a brief ceremony held at St Julien Square, adjacent to the Drill Hall, by the Regimental Family, at 11:00 in the morning. A Candle of Remembrance was lit and placed on the Memorial, a moment of silence was observed by the attendees and the Act of Remembrance was recited by long time Regimental Association Member Charles Davey. The Honorary Colonel of the Regiment, Farid Rohani, placed a wreath for the Regiment and former Honorary Colonel Ted Hawthorne and MCpl (Ret'd) Chuck Davey placed the wreath for the Regimental Association.

**They shall grow not old, as we that are left grow old;  
Age shall not weary them, nor the years condemn.  
AT THE GOING DOWN OF THE SUN AND IN THE MORNING,  
WE WILL REMEMBER THEM. WE WILL REMEMBER THEM.**

Up the Dukes!







## **ACLC (BC) PRESIDENT'S AWARD 2022 AWARDED TO SGT ELINA FU 2381 BCR (Irish Fusiliers) RCACC**

THE ARMY CADET LEAGUE OF CANADA (BRITISH COLUMBIA) 08 June 2022 PRESIDENT'S AWARD OUTSTANDING ARMY CADET PACIFIC REGION This award was created in 2007 by the Army Cadet League of Canada to recognize an outstanding Army Cadet in each provincial and territorial Branch, thus ensuring a cohesive approach to the Walsh Memorial Sword-The Outstanding Canadian Army Cadet. The Branch President's Trophy was initiated by Col Gene Lake a former president of the ACLC BC Branch from 2000-2010. The Army Cadet League of Canada, British Columbia Branch will recognize annually, one deserving Army Cadet in the Pacific Region that has demonstrated leadership, initiative, mentorship, and dedication to the support of the Army Cadet Program in his/her community. After carefully reviewing the nominations received, the ACLC BC Branch Honours and Award Committee is pleased to announce Cadet Sgt Elina Fu from the 2381 RCACC in Richmond, BC is the recipient of the 2022 President's Award-Outstanding Army Cadet in the Pacific Region. The ALCC Branch would like to congratulate Sgt Fu for her dedication to the Army Cadet Program.

The Army Cadet League of Canada

**From:** Elisabeth Mortlock <[execdir@armycadetleague.bc.ca](mailto:execdir@armycadetleague.bc.ca)>

**Sent:** Wednesday, June 8, 2022 9:59 AM

**Subject:** ACLC BC Branch President's Award 2022 Recipient

Good morning, Sir/Ma'am;

The ACLCL BC Branch President's award was created in 2007 by the Army Cadet League of Canada to recognize an outstanding Army Cadet in each provincial and territorial Branch, thus ensuring a cohesive approach to the Walsh Memorial Sword-The Outstanding Canadian Army Cadet. The Branch President's Trophy was initiated by Col Gene Lake, a former president of the ACLC BC Branch from 2000-2010. The Army Cadet League of Canada, British Columbia

Branch will recognize annually, one deserving Army Cadet in the Pacific Region that has demonstrated leadership, initiative, mentorship, and dedication to the support of the Army Cadet Program in his/her community.

After carefully reviewing the nominations received, the ACLC BC Branch Honours & Awards Committee is pleased to announce-Cadet Sgt Elina Fu from the 2381 RCACC in Richmond, BC is the recipient of the 2022 President's Award-the Outstanding Army Cadet in Pacific Region.

Sgt Elina Fu enrolled with the 2381 RCACC in 2019. She is an active member of the Corps, and a primary instructor & administrator of the 2381's New Cadet Experience-a four week orientation program for new cadets. In addition to maintaining straight A's in her school academic marks, she volunteers her time with the Killarney Community Center, Jet Pet Resort and is a member of the Killarney Youth Council. Sgt Fu has accumulated over 100 hours of community service outside her Cadet time. Sgt Fu is an ambassador not only for her Corps but for the Army Cadet Program.

<https://britishcolumbia.armycadetleague.ca/blog/2022/06/08/presidents-award-2022-2/>

Thank you very much;

Sincerely;

Elisabeth

Elisabeth Mortlock, CD  
Executive Director  
The Army Cadet League of Canada (BC Branch)  
724 Vanalman Ave, Victoria, BC V8Z 3B5  
(W) 250-708-0281

<https://britishcolumbia.armycadetleague.ca/>  
<https://www.facebook.com/armycadetleague.bc.ca>

**ADOPTION CEREMONY  
ADEGEM CANADIAN WAR CEMETERY, BELGIUM  
BELGIUM – CANADIAN REMEMBRANCE COMMITTEE  
14 MAY 2022**

**By: Luke Vandenbussche, Secretary BCHC/BCRC-LEKE**

We held an Adoption Ceremony at the Adegem Canadian War Cemetery at 3:00pm on Saturday, 14 May 2022, where the Committee adopted the graves of BCR Fallen, Corporal Taylor Walter, Trooper Donald Crawshaw, Trooper Evander Rogers and Trooper John Somerville. We will remember them!

Members of BCRC-LEKE in attendance were Luke Vandenbussche, Colette Vanhee, Luc Lansen, and Wim Vandenbussche.

Up the Dukes





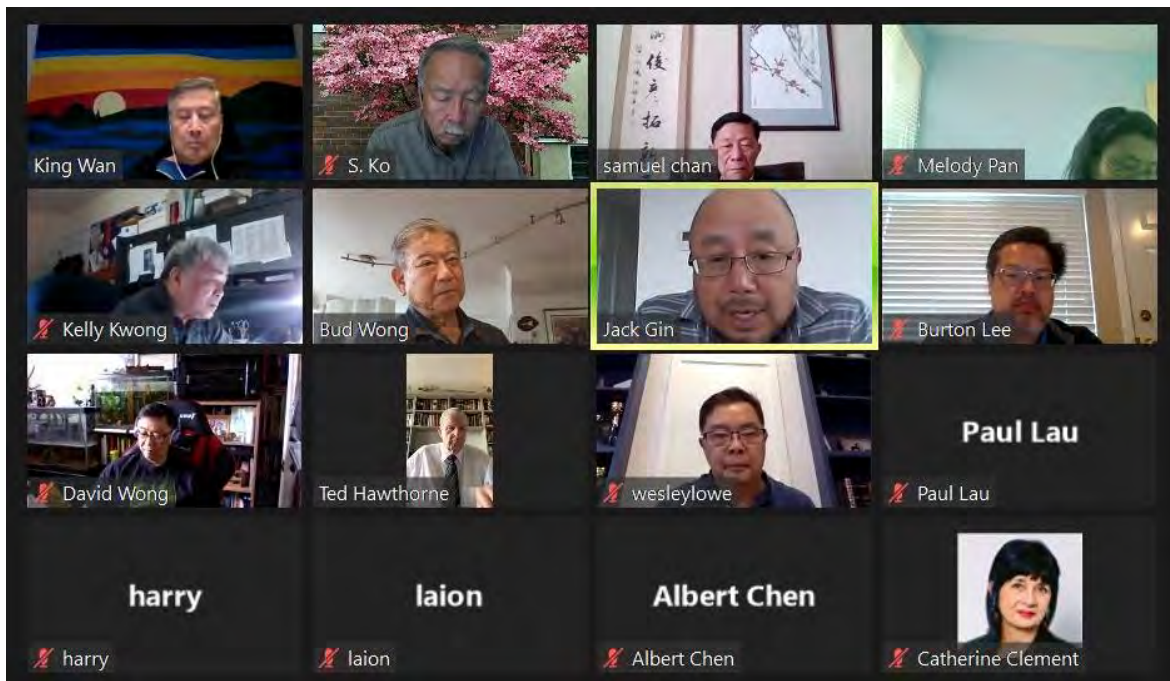






**CHINESE CANADIAN MILITARY MUSEUM SOCIETY  
AND  
ANAVETS, PACIFIC UNIT NO. 280  
4 JUNE 2022**

The Chinese Canadian Military Museum Society and ANAVETS, Pacific Unit # 280 program for the morning forum on ZOOM commenced with special guest speaker, Jack Gin, the prime mover of the "Finding Fred Lee Project," providing an update to the members on the status of the project. It is hoped that the new documentary will be initially presented to the Rocky Mountain Rangers (Pte Lee's home unit) during Veterans' Week this year. Pte. Lee was one of approximately 300 soldiers of Chinese descent who served during World War I. He was killed in action during the Battle of Hill 70 in August of 1917. The host, King Wan, thanked Jack for his summary and noted that we all eagerly await the release of the documentary on this amazing storey. The regular business meeting of ANAVETS chaired by President King Wan, as the Chairman, followed the presentation. The regular business meeting of CCMMS with Judge Wong in the chair concluded the morning's proceedings.



## FROM STRATHCONA E-NEWS CONGRATULATIONS TO LCOL MATT JOHNS

Dear Strathcona Family,

On behalf of all Strathconas, we would like to congratulate newly promoted **Lieutenant-Colonel Matt Johns**. LCol Johns was promoted by Acting 1 CMBG Commander, **Col Brassard** on parade at 1 CMBG this morning.

Congratulations Matt.

LCol M.J.D. Mallette  
Commanding Officer

CWO K.E. King  
Regimental Sergeant-Major

### Lieutenant Graham Thomson Lyall, VD, MiD 102<sup>nd</sup> Battalion, CEF



Birth: 8 March 1892, Chorlton-Cum-Hardy, Manchester, County of Greater Manchester, United Kingdom

Death: 28 November 1941, Mersa Mantru, Egypt (Aged 49), (Believed to be the result of a Coronary)

Buried: Halfaya Sollum War Cemetery, Egypt

#### **Military Service:**

#### **CEF Record**

Graham Thompson Lyall signed his CEF Attestation papers on September 24, 1915 at St. Catherine's Ontario with the 81<sup>st</sup> Battalion, with the rank of Lieutenant. He reported that he had



previous experience with the XIXth Regiment for about one year. His profession was listed as Mechanical Engineer.

He served in WWI: Canadian Expeditionary Force, 102<sup>nd</sup> Infantry Battalion (North British Columbians), later renamed 102<sup>nd</sup> Infantry Battalion (Central Ontario) in 1917.

Rank: Lieutenant

Regimental Number: 158528

### **Victoria Cross**

Meet Lieutenant Graham Thomson Lyall of the 102nd Infantry Battalion.

#OnThisDay in 1918 (sic 27 September 1920),

“Lieutenant Lyall led his platoon in an advance while fighting in Bourlon Wood near Cambrai in France. He and his men outflanked a German position and captured 13 prisoners, four machine guns and a field gun.

Later the same day, his platoon came up against another enemy strongpoint. With his platoon weakened by the day’s fighting, Lieutenant Lyall charged the enemy alone and single-handedly killed the officer in charge and took 45 prisoners and five machine guns. He then led his men to their final objective and took another 47 prisoners.

Finally, a few days later, Lyall assaulted another enemy position, and captured another 80 German prisoners and 17 machine guns.”

Source: VICTORIA CROSS,: <http://www.london-gazette.co.uk/issues/31067/supplements/14775>. Lieutenant Graham Thomson Lyall, 102nd Battalion, 2nd Central Ontario Regiment, Canadian Expeditionary Force.

For his acts of bravery and skillful leading, he was awarded the Victoria Cross.”

Source: The Canadian Armed Forces Facebook Page.



Lt Lyall is pictured here at the time of his award of The Victoria Cross:



The Victoria Cross

**Lieut. Graham Thomson Lyall, 102nd Batt.  
2nd Central Ontario R.**

Whilst leading his platoon against Bourlon Wood, the leading company was held up by a strong point, which he captured by a flank movement, together with thirteen prisoners, one field gun, and four machine-guns. Later, his platoon, much weakened by casualties, was held up by machine-guns at the southern end of Bourlon Wood. Collecting any men available, he led them towards the strong point, and springing forward alone, rushed the position single-handed and killed the officer in charge, subsequently capturing at this point 45 prisoners and five machine-guns. Having made good his final objective, with a further capture of 47 prisoners, he consolidated his position. During two days of operations Lieut. Lyall captured in all 3 officers, 182 other ranks, 26 machine-guns, and one field gun.

Credit: The Guardian 17 December 1918

Lyall was promoted to Acting Lieutenant Colonel as a result of his actions at Cambrai in 1918. It appears that he achieved the formal rank of Captain in the Canadian Overseas Military Forces, and subsequently Captain in the Royal Engineers by the end of hostilities. (<https://www.forces-war-records.co.uk/records/18133697/private-graham-thomson-lyall-canadian-infantry/>.)







Credit: [HQ 102 Canadians102ndbattalioncef.ca](http://HQ_102_Canadians102ndbattalioncef.ca)

### Memorial Plaque Dedication, Hon. Lincoln Alexander and Countess of Wessex



Credit: 102<sup>nd</sup> Infantry Battalion Website

Pictured: Sandy Ferguson (nephew of Colonel Lyall), Colonel The Honourable Lincoln Alexander (Chairman The Ontario Heritage foundation), The Countess of Wessex (Colonel in Chief, Lieutenant Colonel Roy Dwyer (Commanding Officer)

### Post Great War and WWII Military Information British Army



Following the end of hostilities in 1918, the then Lieutenant Lyall and his wife decided to remain in the U.K., and subsequently joined the British Army, and served until his death in 1941. His

seniority date was 26/04/1939, Rank Major. There is reference to service in The Royal Navy, however that has not been researched for this article.

Service Number (British Army): 48647

Served in: Royal Army Ordnance Corps

Rank at the time of his death: Colonel, slated to become Lieutenant-Colonel

Place of Death: Mersa Matruh, Egypt

Burial: Halfaya Sollum War Cemetery, Egypt (Commonwealth War Graves)



Credit: Ralph the Cemetery Guy

#### Medals Awarded for his Service in WWII



1939-1945 Star



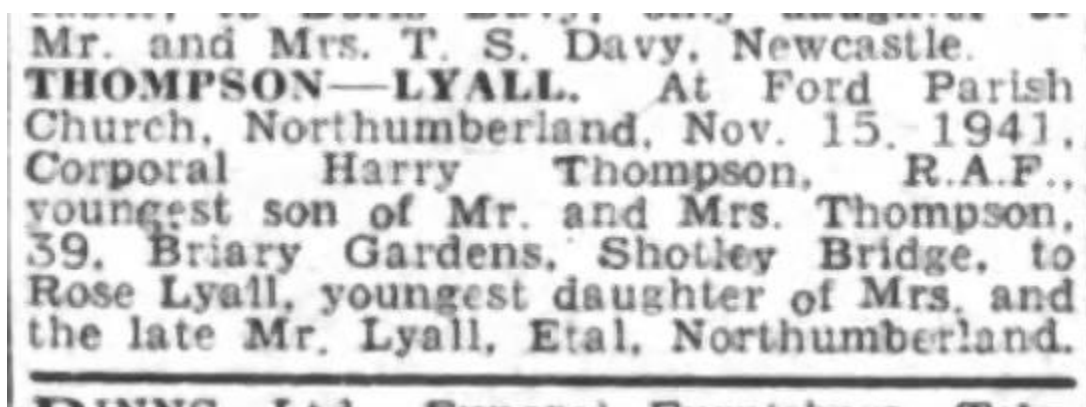
1939-1945 Military Medal





Credit: Edmonton Journal 11 December 1941

On sad postscript to Colonel Lyall relates to the marriage of his daughter Rose to Corporal Harry Thompson, R.A.F. on 15 November 1941.



Credit: Evening Chronicle Newcastle-upon Tyne 17 November 1941

**Sources referenced for this Article**

Meet Lieutenant Graham Thomson Lyall: <https://www.facebook.com/CanadianForces/posts/meet-lieutenant-graham-thomson-lyall-of-the-102nd-infantry-battaliononthisday-in/3000047813555734/>. (Note: a posting on this link suggests that Lyall Street in Esquimalt, B.C. is named in his honour.)  
CEF Record: <https://www.bac-lac.gc.ca/eng/discover/military-heritage/first-world-war/personnel-records/Pages/item.aspx?IdNumber=539801>  
102<sup>nd</sup> Infantry Battalion, CEF: <http://www.102ndbattalioncef.ca/>  
Department of National Defence: <https://www.canada.ca/en/department-national-defence/services/medals/victoria-cross-recipient/graham-thomson-lyall.html>  
Royal Army Ordnance Corps: <https://www.nam.ac.uk/explore/royal-army-ordnance-corps>  
Forces War Records: <https://www.forces-war-records.co.uk/records/4708283/major-graham-thomson-lyall-british-army-royal-army-ordnance-corps/>  
Graham Thomson Lyall, Canada.ca: <https://www.canada.ca/en/department-national-defence/services/medals/victoria-cross-recipient/graham-thomson-lyall.html>  
Wikipedia: [https://en.wikipedia.org/wiki/Graham\\_Thomson\\_Lyall](https://en.wikipedia.org/wiki/Graham_Thomson_Lyall)  
Wikipedia: [https://en.wikipedia.org/wiki/102nd\\_Battalion,\\_CEF](https://en.wikipedia.org/wiki/102nd_Battalion,_CEF)  
Department of National Defense: <https://www.canada.ca/en/department-national-defence/services/medals/victoria-cross-recipient/graham-thomson-lyall.html>  
Commonwealth War Graves Commission: <https://www.cwgc.org/find-records/find-war-dead/casualty-details/2057573/GRAHAM%20THOMSON%20LYALL/>  
Citation, London Gazette 13 December 1918: <https://www.cwgc.org/find-records/find-war-dead/casualty-details/2057573/GRAHAM%20THOMSON%20LYALL/#&gid=1&pid=1>  
Find a Grave: <https://www.findagrave.com/memorial/7726856/graham-thomson-lyall>  
Swift & Strong, Leblanc - Maxwell - Snow - Deschenes: p. 133  
Credits from media articles as shown in the article.

Prepared by Don Manning, Member The British Columbia Regiment (DCO) Museum Society  
June 9, 2022

**MEMORIAL CEREMONY  
CAPTAIN ANTHONY EK SOEN LIEM, CD  
(15 MARCH 1964 – 10 JUNE 2022)  
THE DRILL HALL, VANCOUVER  
17 JUNE 2022**

Our good friend and colleague, Captain Tony Liem, former Commanding Officer of 2290 BCR (101 DCOR) RCACC, was remembered in the early evening of Friday, 17 June 2022, at the Drill Hall. The Memorial Ceremony was preceded by a Funeral Mass held in the late morning and a Reception following at Saint Jude's Parish on Renfrew in Vancouver. The program of the Memorial Ceremony featured A March On by the Cadet Flag Party and a Cadet Contingent, a brief set by the BCR Cadet Pipes & Drums (former members and current), followed by many fine tributes and kind words heard from speakers from the Family (Hanson and Angie Liem, three brothers and a niece), Major Ken Prince, who also was OPI and MC of the ceremony, Major Derek Gee, the RSM of 2290 BCR, former Honorary Colonel of the Regiment, Ted Hawthorne, (on behalf of the Commanding Officer, Lieutenant-Colonel Vincent Virk, the Regimental Association and the entire Regimental Family), Michael Johnson, on behalf of The Army Cadet League of Canada, British Columbia Branch, Nyal and Thea Wilcox, on behalf of 2290 BCR (101 DCOR) RCACC Support Committee (which also included a Guidon Presentation). The Memorial Ceremony was well attended by Cadets (former and serving), CIC Officers, friends, family and colleagues. Past President Gayle Hawthorne, a long-time member of the 2290 BCR Support Committee, was also in attendance.



A very enjoyable reception followed with many fine memories recounted!

We will remember him!

Up the Dukes!













**BC HIGHLAND GAMES & SCOTTISH FESTIVAL  
TOWN CENTRE PARK, LAFARGE LAKE, COQUITLAM  
17 & 18 JUNE 2022**

According to **Vancouver's Best Places**,

“ScotFestBC is an annual event featuring athletic competitions, Celtic dancing, live music, whisky tasting and bagpiping! It's a family friendly event and lots of fun.”

This year's event proved to be no exception with a large crowd on hand early on Saturday morning. For complete details, the link is as follows:

<https://scotfestbc.com/>

The Fort Fraser Garrison, 78<sup>th</sup> Fraser Highlanders, fired the opening gun on Friday evening at 6:00pm and another opening gun after noon on Saturday. The Frasers also provided demonstrations on musket firing at their booth situate by the south side of Lafarge Lake on the way to the Sky Train. BCR Regimental Association President Jim Barrett is the Commander of the Unit, and Drum-Major Chris Hoskin from the BCR Irish Pipes & Drums commanded the Cannon Crew. The Frasers will also fire the closing gun to conclude the event. Honorary Lieutenant-Colonel Bill Diamond, Audrey and Liem, managed the Whisky School where Friday night's Whisky and Oysters was a complete sellout!!

Well done friends!

Up the Dukes!







Chris Hoskin and 'junior' Gun Crew



78<sup>th</sup> Fraser Fort Fraser Garrison Tent



Ensign John Hooker and musket display





OC Jim Barrett prepares to Fire Musket



78<sup>th</sup> Fraser Gun Crew with 3 pounder Cannon









Dr Graham Macaloney Owner of Macaloney's Distillery in Victoria  
Liem, Bill & Audrey Diamond and Friend





**ST. JOHN AMBULANCE  
2022 BURWELL SPIRIT AWARDS & WALK AID  
BURNABY VILLAGE MUSEUM  
DEER LAKE AVENUE, BURNABY  
20 JUNE 2022**

It was a very pleasant evening at the renowned Burnaby Village Museum at Deer Lake to mark the conclusion of the training year and the presentation of awards to the Cadets, after a two-year period of virtual events due to the Pandemic. The evening's very successful program also celebrated two important milestones being the Centenary of the St. John Ambulance Cadet Program and the official kick off the founding of the Division. Speakers for the evening included Richard N. Liu, Honorary Brigade Division President, Burnaby Division, SJA Commissioner David Valentine and Mayor Mike Hurley. Mayor Hurley also presented an official Proclamation issued by the Burnaby City Council to the Cadets. The second "Walk Aid" (in aid of "celebrating the health benefits of living a healthier lifestyle") was sponsored by St. John Ambulance and Burnaby Tourism followed by ice cream for all attendees. Vice President Ted Hawthorne represented the Regimental Association at the well attended event.



**BURWELL SPIRIT AWARDS / WALK AID  
BURNABY VILLAGE MUSEUM  
JUNE 20, 2022**









## ROYAL UNITED SERVICES INSTITUTE – VANCOUVER SOCIETY ANNUAL GENERAL MEETING VIA ZOOM 21 JUNE 2022

Royal United Services Institute–Vancouver Society is pleased to announce the election of the following members at the Annual General Meeting held on ZOOM this afternoon:

President - Keith Maxwell  
1<sup>st</sup> Vice President – Leon Jenson

2<sup>nd</sup> Vice President – Jim Howard  
Secretary – Bob Mugford  
Treasurer – Richard Dunn  
Director – Heather Garrison  
Director – Bob Mackay  
Director – Archibald Pel  
Director – Caron Cave – Pel  
Director – Bob Underhill

Congratulations on your election and thank you for your ongoing service!

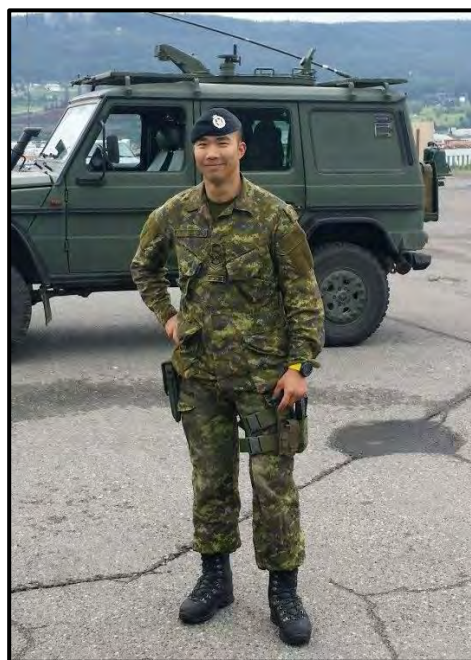






## EDITOR'S NOTE:

The following profile of Lieutenant Tim Chi Lee was originally published by **ATLAS INSTITUTE FOR VETERANS AND FAMILIES** and is reproduced verbatim herein with their very kind permission.



Lieutenant Tim Chi Lee's family emigrated from Hong Kong in the 1980s and settled in East Vancouver. The Lee family

Le lieutenant Tim Chi Lee et sa famille ont émigré de Hong Kong dans les années 1980 pour s'établir dans le

was eager to integrate into the Vancouver lifestyle Tim Chi's childhood was similar to his peers — going to school, playing hockey and hanging around with friends. Despite being born in Vancouver, at times, Tim Chi felt like an outsider. People would ask him about his background. They would ask, "Where are you from?" When he'd reply that he's from Vancouver, the usual follow-up question was, "No, where are you *really* from?" Thankfully, this was a rare occurrence in the diverse and multicultural city of Vancouver. However, Tim Chi experienced a difficult childhood that later manifested itself as depression and anger.

The impetus to join the Canadian Armed Forces (CAF) came from Tim Chi's father, who regaled him with stories of what the Canadian military had accomplished on the world stage. "My father believed that serving in the Canadian Armed Forces was noble, that it was a force for good," says Tim Chi. At a young age, Tim Chi's mother encouraged him to enroll in the Navy League Program, where he revelled in the structure, sense of belonging and comradeship that the program provided.

After high school, Tim Chi joined the British Columbia Regiment (Duke of Connaught's Own), an Armoured Reconnaissance unit of the Army Reserves. During his time with the British Columbia Regiment (BCR), Duke of Connaught's Own (DCO). He enjoyed driving, especially vehicles with a manual transmission, and learning the Armoured Recce trade. "I was given every opportunity to succeed," Tim Chi explains. He felt that he was continually supported by both his peers and the chain of command in his endeavours.

During his initial years in the military, Tim Chi was able to operate within a military environment because he didn't have the mental space to feel or focus on anything other than training. This would eventually catch up to him "I didn't deal with it until it began to interfere with my work," he adds.

In 2008 when Tim Chi was working full-time at the local Brigade Headquarters, he discovered that he wasn't able to cope or ignore the depression that was starting to take a toll on his life. "There would be days that I just wasn't functional. I would regularly miss work, ignore phone calls, lock myself at home for the day, or have panic attacks when stressed. There were two concurrent triggers that really brought on my realization that I needed professional

secteur d'East Vancouver. La famille Lee n'a pas hésité à embrasser le mode de vie vancouverois. Tim Chi a connu une enfance semblable à celle de ses pairs : l'école, le hockey et du bon temps avec les copains. Pourtant, même s'il était natif de Vancouver, Tim Chi avait parfois le sentiment d'être un étranger. Les gens l'interrogeaient sur son parcours, du genre « D'où viens-tu? » Et lorsqu'il répondait qu'il était de Vancouver, on lui répliquait la plupart du temps : « Non, mais d'où viens-tu *vraiment*? » Heureusement, ces situations étaient anecdotiques puisque Vancouver est une ville diversifiée et multiculturelle. Mais malgré cela, Tim Chi a connu une enfance difficile qui s'est plus tard manifestée par une dépression et de la colère.

C'est le père de Tim Chi qui l'a incité à joindre les rangs des Forces armées canadiennes (FAC), en lui relatant avec intérêt les exploits des militaires canadiens à l'échelle internationale. « Mon père pensait qu'il y avait quelque chose de noble à servir dans les Forces armées canadiennes, qu'il considérait comme un allié du bien. » Sous l'influence de sa mère, le jeune Tim Chi s'est inscrit au programme de la Ligue navale, où il a découvert la camaraderie, le sentiment d'appartenance et le milieu structuré qui faisaient partie intégrante du programme.

Après ses études secondaires, Tim Chi s'est joint au British Columbia Regiment – BCR (Duke of Connaught's Own – DCO), une unité de reconnaissance blindée de la Réserve. Il adorait conduire des véhicules, particulièrement ceux à transmission manuelle, et c'est au sein du BCR qu'il a appris avec grand plaisir les rudiments des missions de reconnaissance blindée. « On m'a donné toutes les chances de réussir », avoue Tim Chi. Ce dernier a toujours senti qu'il avait l'appui de ses pairs et de la chaîne de commandement dans tout ce qu'il entreprenait.

Pendant ses premières années de service dans l'armée, Tim Chi est parvenu à évoluer au sein d'un contexte militaire car il n'accordait aucun espace mental à ses émotions, l'entraînement demeurant son unique préoccupation. Cela a fini par le rattraper : « Je n'ai pas - prêté attention à cette situation jusqu'à ce qu'elle commence à nuire à mon travail », ajoute-t-il.



help. First, my inability to keep a regular schedule was starting to lead to disciplinary actions at work,” Tim Chi explains.

While some of his co-workers and supervisors questioned Tim Chi’s reliability, others recognized the signs and symptoms of depression and steered him towards Canadian Forces Health Services to get help. Concurrently, his girlfriend at the time saw how he was dealing with stress in an extremely unhealthy way and urged him to seek professional help. “These two intersections led me to the realization that I could not keep packing down and/or running away from feeling, but that I had to work through the things that were in my head,” he adds.

Tim Chi started to work with a social worker at HQ and began unpacking what the root causes were. He was then was referred to a counsellor who specialized in military and police clients, “I was given the opportunity to learn coping mechanisms as well as how to understand, reframe, and work through a lot of the trauma, pain, and anger that I had been carrying with me,” says Tim Chi. Despite the stigma and potential career implications, Tim Chi persevered. “...at that point in my life, I had no other choice. I was either going to lose my [military career] for disciplinary issues, or I could work to improve the situation,” he adds. Tim Chi had hit bottom and decided to seek help.

Tim Chi’s experience dealing with his mental health diagnosis was difficult, especially within his family and the Asian community. At that time, some members of the community never discussed or actively avoided the topic of mental health. “My parents were extremely shocked to find out that I was seeking professional help for mental health related issues. They didn’t understand what it meant to seek the help of mental health professionals and just wanted me to get fixed quickly. I had to explain that the road to recovery would be a process that wasn’t going to happen overnight,” he says. His perseverance paid off.

Thankfully Tim Chi continued seeking help and went on to have a fulfilling career in the CAF. “I recognize[d] that I was extremely blessed at that time to have one supervisor who believed in my potential and helped me through the mental health system.”

After a period of time leadership responsibilities were entrusted to Tim Chi early in his career, and he grew as a leader to become a Senior Non-commissioned Officer

En 2008, alors que Tim Chi travaillait à temps plein au quartier général de la brigade locale, il a constaté qu’il n’arrivait plus à gérer la dépression qui commençait à perturber sa vie, ni à en faire abstraction. « Certains jours, je n’arrivais tout simplement pas à fonctionner. Je m’absentais régulièrement du travail, je ne répondais pas au téléphone, je me réfugiais chez moi pour la journée, ou encore je faisais des crises de panique lorsque j’étais stressé. Puis, deux éléments déclencheurs simultanés sont arrivés dans ma vie, et c’est à ce moment que j’ai pris conscience que j’avais besoin d’une aide professionnelle. D’abord, parce que je n’arrivais plus à respecter un horaire régulier, j’ai commencé à faire l’objet de mesures disciplinaires au travail », explique Tim Chi.

Alors que certains de ses collègues et de ses superviseurs mettaient en doute la fiabilité de Tim Chi, d’autres ont reconnu chez lui les signes et les symptômes de la dépression, et ils n’ont pas hésité à l’orienter vers les Services de santé des Forces canadiennes afin qu’il obtienne de l’aide. Au même moment, sa petite amie de l’époque a constaté qu’il réagissait de façon très malsaine au stress et l’a incité à demander de l’aide professionnelle. « Ces deux interactions m’ont amené à prendre conscience que je ne pouvais pas continuer à réprimer ou à fuir mes émotions, mais que je devais me résoudre à examiner ce qui se passait dans ma tête », ajoute-t-il.

Tim Chi a commencé à consulter un travailleur social du QG et à explorer l’origine profonde de ses problèmes. On l’a ensuite dirigé vers un conseiller spécialisé auprès de la clientèle militaire et policière. « Il m’a amené à développer des mécanismes d’adaptation, puis à comprendre, à recadrer et à surmonter une grande partie des traumatismes, de la douleur et de la colère que je cultivais en moi », explique Tim Chi. Malgré la stigmatisation qu’il risquait de subir et les conséquences auxquelles il s’exposait par rapport à sa carrière, Tim Chi a persisté. « À ce moment-là de ma vie, je n’avais pas d’autre choix : soit je renonçais à ma carrière militaire pour des enjeux disciplinaires, soit je m’efforçais d’améliorer la situation », ajoute-t-il. Tim Chi avait touché le fond et a décidé de demander de l’aide.

Composer avec un diagnostic de santé mentale a été difficile pour Tim Chi, surtout auprès de sa famille et

(NCO) within the regiment. He took on significant leadership roles with the BCR and was recognized by the unit leadership for his dedication and work ethic.

He has fond memories of the Primary Leadership Qualification (PLQ) course, where he and his course mates were pushed beyond their physical and mental limits. While some of his peers lamented the experience, Tim Chi relished in the challenge. Some career highlights include deployment on domestic operations such as Op LENTUS in 2017 and the various opportunities to travel at home and abroad. Tim Chi has seen every province in the nation, travelled to Europe to participate in regimental battlefield tours, and climbed Mt Kilimanjaro in east Africa with members of the BCR.

During his time in the Intermediate Leadership Program, a national course for progression to the rank of Warrant Officer, Tim Chi was challenged by one of his peers to pursue a career as an officer in the CAF.

After considerable reflection and being action oriented, Tim Chi decided to see if he had what it takes to be a pilot in the Royal Canadian Air Forces. After a rigorous selection process, he was one of three selected applicants out of twenty applicants. Finally, the dream to fly aircraft in the CAF was becoming a reality.

Tim Chi credits his time in the army and the support of family and friends for his success. A serious commitment to his faith, family, and physical and mental wellness helps him manage the demands of military life. He is encouraged by the fact that the CAF has come a long way in the realm of mental health, and well-being for its members. "Back then they didn't have peer sentinels and the briefings on mental health still seemed quite "distant" or inaccessible when discussed among junior ranks. I also felt the stigma of having these issues come from my family history, rather than from an operational stress injury," Tim Chi explains. Today there is specific mental wellness training for all rank levels that helps create awareness, reduce stigma and train supervisors.

He currently works in the Operational Support Squadron at 19 Wing Comox. Tim Chi appreciates how fortunate he is and looks to each day with gratitude, and embraces the opportunity to serve Canada.

de la communauté asiatique. À l'époque, certains membres de la communauté n'abordaient pas ou évitaient délibérément le sujet de la santé mentale. « Mes parents ont été particulièrement bouleversés d'apprendre que je consultais un professionnel pour des problèmes de santé mentale. Ils ne comprenaient pas ce que signifiait de demander de l'aide d'un professionnel en santé mentale : ils voulaient seulement que je me dépêche à me remettre sur pied. J'ai dû leur expliquer que le chemin vers la guérison était un processus qui ne se réalisait pas du jour au lendemain », raconte-t-il. Sa persévérance a porté fruit.

Heureusement, Tim Chi a continué de consulter et a connu une carrière enrichissante au sein des FAC. « Je reconnais qu'à l'époque, j'ai eu la chance incroyable d'avoir un superviseur qui croyait en mon potentiel et qui m'a aidé à aborder le système de santé mentale. »

Après un certain temps, il s'est vu confier des responsabilités de leadership, si bien qu'il a gravi les échelons au sein du régiment jusqu'à devenir sous-officier supérieur. Tim Chi a d'ailleurs assumé d'importants rôles de direction au sein du BCR et a été reconnu par l'unité de commandement pour son dévouement et son éthique du travail.

Il garde de bons souvenirs de sa formation de qualification avancée en leadership, où lui-même et ses camarades de classe avaient dû se surpasser, tant sur le plan physique que psychologique. Tim Chi se souvient d'avoir apprécié ce défi, alors que certains de ses pairs avaient trouvé l'expérience particulièrement éprouvante. Parmi les faits saillants de sa carrière, il souligne les déploiements lors d'opérations nationales comme l'Opération LENTUS en 2017, ainsi que ses diverses occasions de voyager au pays comme à l'étranger. Tim Chi a parcouru toutes les provinces au pays, s'est rendu en Europe pour faire la tournée des champs de bataille où son régiment a combattu, et a escaladé le mont Kilimanjaro en Afrique de l'Est en compagnie d'autres membres du BCR.

Alors qu'il suivait le programme de leadership intermédiaire (une formation nationale pour obtenir le grade d'adjudant), c'est l'un de ses collègues qui l'a incité à faire carrière comme officier dans les FAC.



Après mûre réflexion et écoutant son côté proactif, Tim Chi a voulu voir s'il avait ce qu'il faut pour devenir pilote dans l'Aviation royale canadienne. Au terme d'un processus exigeant menant à la sélection de 3 candidats sur un total de 20, il a finalement été retenu : son rêve de piloter un aéronef des FAC devenait réalité...

Tim Chi attribue son succès aux années passées dans les forces armées et au soutien de ses amis et de sa famille. Pour mieux affronter les difficultés de la vie militaire, il mise sur sa détermination, le soutien de sa famille et son bien-être physique et mental. Il est rassuré de savoir que les FAC ont beaucoup progressé dans le domaine de la santé mentale et du bien-être au bénéfice de leurs membres. « À l'époque, on ne disposait d'aucune sentinelle de pairs, et les séances d'information sur la santé mentale ne semblaient pas concerner les militaires des rangs inférieurs et elles leur étaient inaccessibles. Je me suis également senti stigmatisé par le fait que mes problèmes découlaient de mes antécédents familiaux, et non d'une blessure de stress opérationnel », explique Tim Chi. De nos jours, on offre aux militaires de tous les grades une formation spécialisée en matière de bien-être qui contribue à sensibiliser les militaires, à réduire la stigmatisation et à former les superviseurs sur le sujet de la santé mentale.

Il évolue actuellement au sein de l'Escadron de soutien aux opérations du 19<sup>e</sup> Escadre Comox. Tim Chi se considère choyé, et il vit chaque journée avec gratitude en savourant sa chance de servir le Canada.

**CHINESE CANADIAN MILITARY MUSEUM SOCIETY  
AND  
ANAVETS, PACIFIC UNIT NO. 280  
4 JUNE 2022**

The Chinese Canadian Military Museum Society and ANAVETS, Pacific Unit # 280 program for the morning forum on ZOOM commenced with special guest speaker, Jack Gin, the prime mover of the "Finding Fred Lee Project," providing an update to the members on the status of the project. It is hoped that the new documentary will be initially presented to the Rocky Mountain Rangers (Pte Lee's home unit) during Veterans' Week this year. Pte. Lee was one of approximately 300 soldiers of Chinese descent who served during World War I. He was killed in action during the Battle of Hill 70 in August of 1917. The host, King Wan, thanked Jack for his summary and noted that we all eagerly await the release of the documentary on this amazing storey. The regular business meeting of ANAVETS chaired by President King Wan, as the Chairman,

followed the presentation. The regular business meeting of CCMMS with Judge Wong in the chair concluded the morning's proceedings.



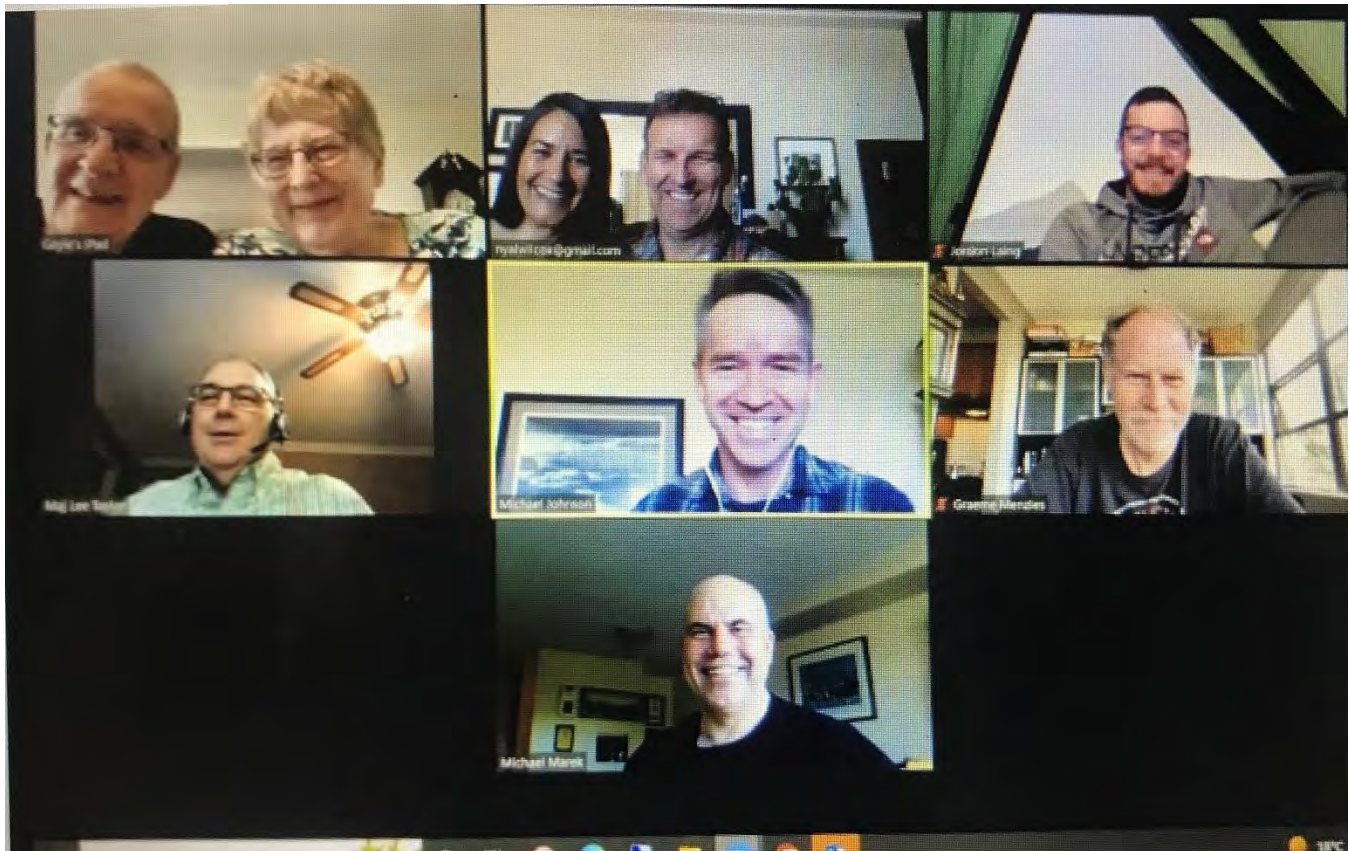
Jack Gin



## 2290 BCR (101 DCOR) RCACC SUPPORT COMMITTEE EXECUTIVE MEETING 22 JUNE 2022

The June meeting of the Executive of the Support Committee of 2290 BCR (101 DCOR) RCACC was held on the ZOOM platform on the evening of June 22nd. Mr. Nyal Wilcox chaired the meeting, and a slate of comprehensive reports was presented to the members. The program included the Chairman's Report, the Treasurer's Report (Mike Johnson), the CO's Report (Major Lee Taylor, CD) with a report on the ACR, the Celebration of Life for the late Captain Tony Liem, Cadet Strength, Succession, Vernon Summer Camp, Recruiting and the 'Stand To' on September 8th, a Scholarship update, and an Army Cadet League Report (Graeme Menzies). Past President Gayle Hawthorne and former Honorary Colonel Ted Hawthorne were also in attendance. The evening's meeting included a focus on capital equipment purchases for training purposes and the prioritization of same for the next training year.

Up the Dukes!



## July

### **AWARD OF PLATINUM JUBILEE MEDALIONS TO MAJOR (RET'D) ROGER & LOUISE PROUSE**

We are pleased to report that Roger and Louise were awarded Platinum Jubilee Medallions by the Member of Parliament for Surrey/White Rock. Kerry-Lynn Findlay, as a personal initiative to both commemorate Her Majesty's Seventieth Anniversary as our Queen, but also to honour 70 Surrey White Rock residents who have volunteered countless hours for the betterment of our community. Major Roger Prouse and Mrs. Louise Prouse were recognized to receive their awards for their many years of work with the Army Cadet League.





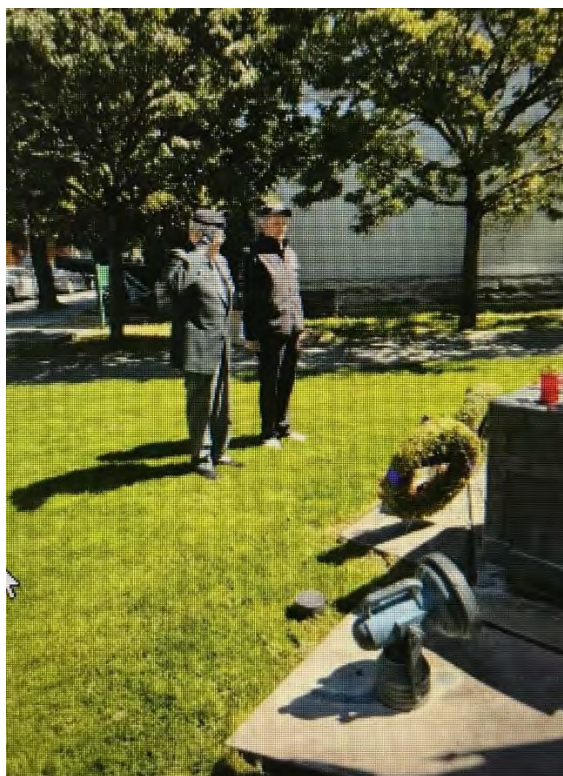
## **CANADA DAY REMEMBRANCE SAINT JULIEN SQUARE, VANCOUVER 1 JULY 2022**

The service and sacrifice of our soldiers, past and present, were remembered at a brief ceremony held at Saint Julien Square at 11:00 in the morning on Canada Day to mark this special day (155th Birthday). A Candle of Remembrance was lit and placed on the Memorial, a moment of silence was observed by the attendees and the Act of Remembrance was recited by Regimental Association Member Cliff Mah. The 4 Honorary Colonel of the Regiment, Farid Rohani, and Cliff placed a wreath for the Regiment and former Honorary Colonel Ted Hawthorne and long time Regimental Association Member, MCpl (Ret'd) Chuck Davey, placed the wreath for the Regimental Association.

**They shall grow not old, as we that are left grow old;  
Age shall not weary them, nor the years condemn.  
AT THE GOING DOWN OF THE SUN AND IN THE MORNING,  
WE WILL REMEMBER THEM.  
WE WILL REMEMBER THEM.**

Up the Dukes!





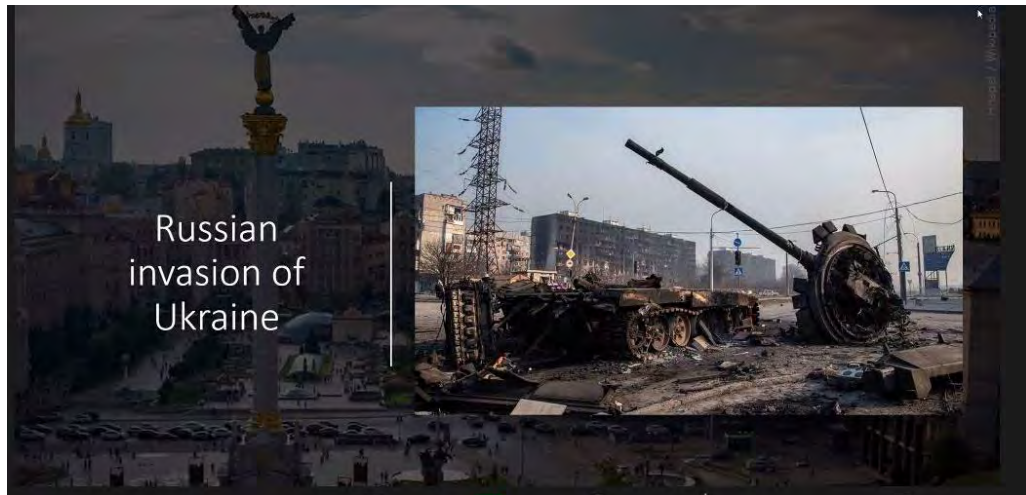
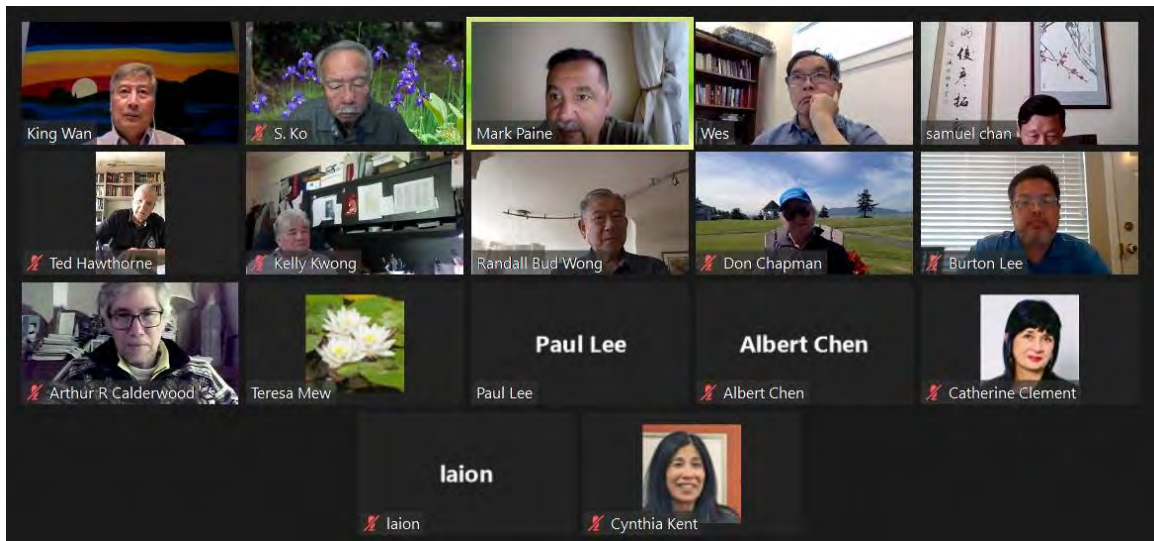
**CHINESE CANADIAN MILITARY MUSEUM SOCIETY  
AND  
ANAVETS, PACIFIC UNIT NO. 280  
2 JULY 2022**

The Chinese Canadian Military Museum Society and ANAVETS, Pacific Unit # 280 program for the morning forum on ZOOM commenced with special guest speaker, Mark Paine, a former career civil servant who worked as a Strategic Planner for the Vice Chief of Defence Staff and as an Artillery Officer with 30<sup>th</sup> Field Artillery Regiment, RCA. Mark is now retired and is residing in Lviv, Ukraine with his wife who is a University Professor. Mark provided an excellent presentation on the Russian Invasion and the current status of the War in Ukraine, followed by an extensive and thorough Q&A. As Mark observed on his FB Post, the “EU and NATO maintenance of the aim is at the forefront to helping Ukraine regain its territorial integrity.” The host, Comd (Ret’d) King Wan, thanked Mark for his insightful account of the War in Ukraine with its economic and geopolitical effects felt throughout the world.

The regular business meeting of ANAVETS chaired by President King Wan, as the Chairman, followed the presentation. The regular business meeting of CCMMS with Judge Wong in the chair concluded the morning’s proceedings.

Thank you ANAVETS and CCMMS for this most interesting forum. Very well done indeed!







Photos by Steve Ko, ANAVETS, Pacific Unit No. 280



**THE BC REGIMENT (DCO) HOCKEY TEAM  
THE SCOTIA BARN  
ASHL, BURNABY, B.C.  
7 JULY 2022**

The Regimental Association is pleased to announce that it continues its support of the Regiment's Hockey Team for their summer league program. The Team's home rink is now called **The Scotia Barn**, formerly known for many years as 8 Rinks in Burnaby, pursuant to a new partnership between Canlan Ice Sports and Scotiabank.

Former Honorary Colonel Ted Hawthorne, Vice President of the Regimental Association, presented a support cheque to Sgt Joe Chu, the Team's Manager and Captain, in the early afternoon of Thursday, July 7<sup>th</sup>, after a brief visit to the Drill Hall.

Congratulations to our Regimental Hockey Team, continued success and best of luck!

Up the Dukes!



BCR Association Vice-President Ted Hawthorne presents cheque to Sgt Joe Chu BCR

**LORD STRATHCONA'S HORSE (ROYAL CANADIANS)  
CEREMONIAL MOUNTED TROOP  
CALGAR STAMPEDE PARADE  
FACE BOOK POST  
9 JULY 2022**

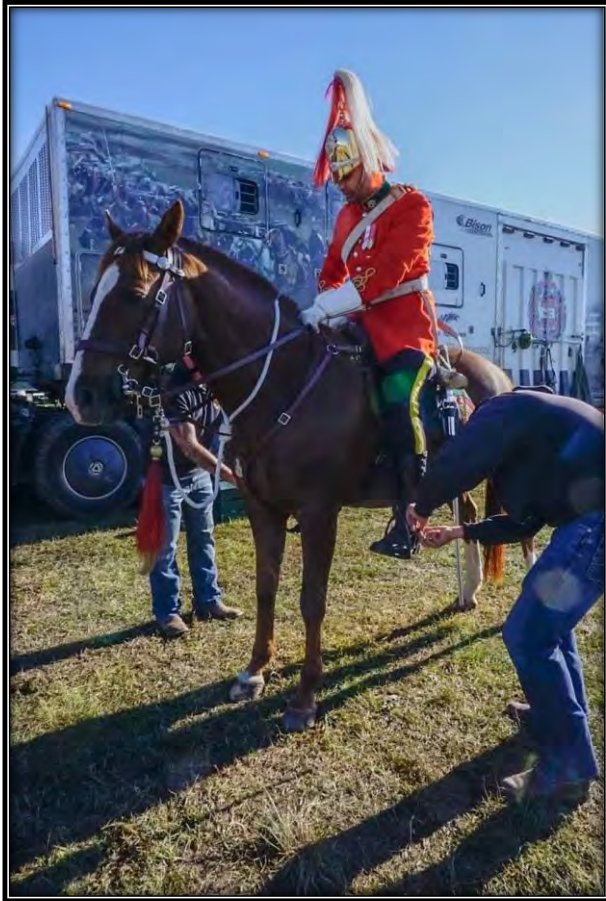
The Ceremonial Mounted Troop at the 2022 Calgary Stampede and Spruce Meadows North American. Capt Ali Mansour earned his spurs just prior to the parade, we are all so proud of his achievement.

Well done Sir!

The troop will be performing this weekend at Spruce Meadows then next week at the Calgary Stampede with evening rides at 1900 hrs.









Song Despina Photography

---

#### **EDITOR'S NOTE:**

The forgoing post on Face Book was originally published by the Lord Strathcona's Horse (Royal Canadians) Regimental Society and is reproduced verbatim herein with their very kind permission. Captain Ali Mansour serviced with the BCRs from 2006 to 2012 attaining the rank of Master Corporal, before attending Royal Military College of Canada in Kingston. Congratulations and well done Captain Mansour!



**THE BRITISH COLUMBIA REGIMENT  
(DUKE OF CONNAUGHT'S OWN) MUSEUM SOCIETY  
MEETING OF THE BOARD OF DIRECTORS  
12 JULY 2022**

The first in person meeting of the Board of Directors of the Museum for about two years was held in the MGen Letson Room at the Drill Hall in the mid-morning of Tuesday, 12 July 2022. The meeting was also available on ZOOM for those unable to attend. A very productive meeting was conducted by the Chairman, Bill Whalen, and covered a multitude of issues, including tasking and operational progress in all areas of the Museum's mandate.

Congratulations to the Museum for their continuing good work.

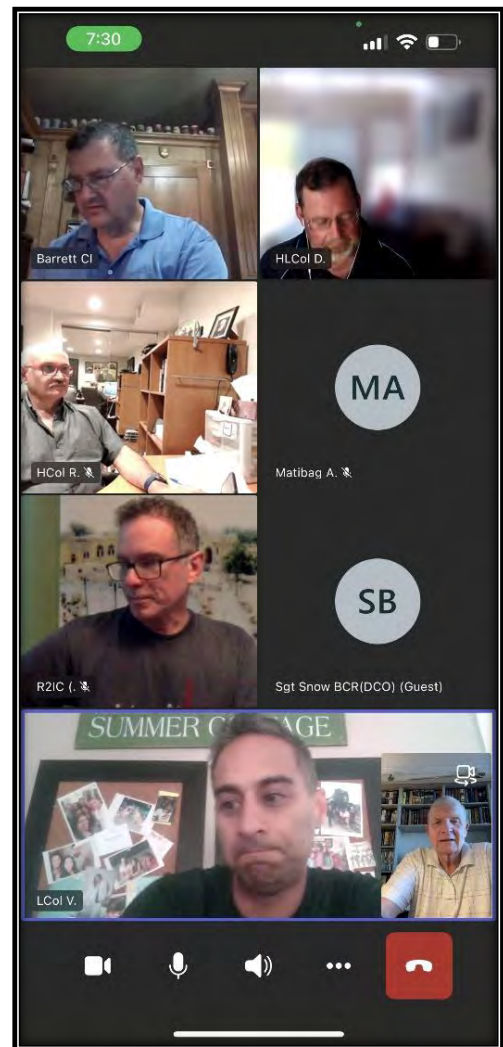
Up the Dukes!



**BATTLEFIELD TOUR ORGANIZATIONAL MEETING  
12 JULY 2022**

The status of the ongoing planning and organization of the Battlefield Tour scheduled for 9 – 23 September 2022 was fully reported and was thoroughly discussed by the members of the ad hoc committee at a meeting held via ZOOM on the evening of July 12<sup>th</sup>. The Honorary Lieutenant-Colonel, Bill Diamond, was in the Chair and the Command Team and the Honorary Colonel, Farid Rohani, were present along with

members of the Regimental Family, including, the Regimental Association, represented by President Jim Barrett and the Regimental Association Charitable Trust, by Chairman Ted Hawthorne. The Charitable Trust is pleased to support the soldiers of the Regiment on this Battlefield Tour to the extent of \$45,000.00 (the largest single contributor) as part of its Educational Battlefield Studies Program, as it has done in the past, once details are finalized.  
Up the Dukes!





**ANNUAL BCR CADET BBQ FUNDRAISER  
MERIDIAN PARK ESTATES (CLUBHOUSE)  
SURREY, B.C.  
16 JULY 2022**

The Annual W5 Cadet Fundraiser was once again hosted by Roger and Louise Prouse at their Clubhouse at Meridian Park Estates in White Rock on Saturday, 16 July 2022 (the first since 20 July 2019 due to the Pandemic). Other attendees included Jim Barrett, President of the Regimental Association, Patricia Barrett, Treasurer, Ted Hawthorne, Chairman of the Charitable Trust, Gayle Hawthorne, Past President, Directors Bob Remple and Scott Hamilton, Archie Steacy, President Emeritus, Lynda Steacy, Captain Mike Azzano, 2IC of 2381 BCR (Irish Fusiliers) RCACC, Archie and Judy Pow, Ken and Linda Whitney and Dil Pagalia. It was a nice day, the sun was out, but not too hot.



The fundraiser luncheon consisted of barbequed beef, veggie burgers, hot dogs, salad, desserts, and many delicious snacks. There were also numerous prizes to be won, whether it was a door prize, lucky draw prizes or a share of a 50/50 draw you had a good chance to win something. It also was a good opportunity to get together and catch up with good company at the same time as fundraising.

Special thanks to all the people who helped make this a successful event, including Roger & Louise for hosting the event in their Clubhouse and for conducting the first annual Cul-de-Sac Baseball Tournament where Team Barrett squeaked a winner over Team Hawthorne in a hotly contested extra innings game with a homer by Ken Whitney; Graydon and Sandra Young, the event organizers, who made everything happen without a hitch; and the many folks attending who brought their special dishes and beverages, provided gifts for the draw and generously donated to the Cadet Development Program.

The Regimental Association and the Charitable Trust wish to thank everyone who supported this exceptional event.

Up the Dukes!

















## BCR “ARMoured PONY” RIDE 23 JULY 2022

With the good weather of summer having arrived a number of Dukes departed from the BCRDrill Hall for an “Armoured Pony” motorcycle ride around the Lower Mainland and the Fraser Valley. As you can tell, an excellent time was had, with future rides planned!









**DEPARTURE WITH DIGNITY RECEPTION  
MASTER WARRANT OFFICER RON LEBLANC, MMM, CD (RET'D)  
WOS' & SGTS' MESS,  
THE DRILL HALL  
VANCOUVER, B.C.**

It was a great evening of recognition for the service, dedication and commitment of Master Warrant Officer Ron Leblanc, MMM, CD (Ret'd), a member of the Canadian Armed Forces for twenty-seven years and 4 years with 2290 BCR (101 DCOR) RCACC. The DWD reception was held in the WOs' & Sgts' Mess at The Drill Hall on a beautiful summer evening.

The evening's program included remarks by Sgt (Ret'd) Duncan Maillie (some great stories), the 2IC, Major Greg McCullough, speaking on behalf of the CO, Sgt. Dwayne Snow (via ZOOM) conveying greetings to Ron from CWO Tony Harris in Lebanon, Capt Huf Mullick and himself and numerous presentations by the RSM, MWO Arnold Matibag, (Certificate of the Prime Minister, Certificate of the Premier, Certificate of the Commander Canadian Army, Certificate of the CDS, a Canadian Flag, a Veteran's Pin, and WOs' & Sgts' Mess and Regimental Presentations). Concluding speakers included the former Honorary Colonel of the Regiment, Ted Hawthorne, who thanked Ron for his dedicated service and commitment to the CAF and the Regiment, on behalf of the Regimental Association and the Charitable Trust. Ted also thanked Tami for her tremendous support and presented her with a keepsake to mark the occasion, former Honorary Colonel Hawthorne's Regimental Coin (to match the one presented to Ron at Vimy some years ago). Also in attendance was Honorary Lieutenant-Colonel Bill Diamond.

What a wonderful evening of complete camaraderie! Thank you for your service, friendship and support Ron!

Up the Dukes!

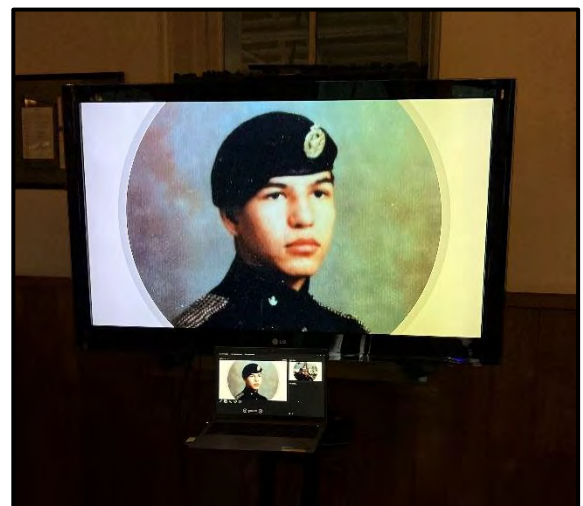
















**9TH ANNUAL KOREAN WAR VETERANS DAY CEREMONY  
AMBASSADOR OF PEACE KOREAN WAR MEMORIAL  
CENTRAL PARK, BURNABY, B.C.  
27 JULY 2022**



The 9th Annual Korean War Veterans Day Ceremony commemorating the 69th Anniversary of the Korean War Armistice was held at the site of the Ambassador of Peace Korean War Memorial in Burnaby's Central Park (Boundary Road and East 46th Avenue) in the late morning of Wednesday,

July 27<sup>th</sup>. The dignitaries for this very well attended event included Senator Yonah Martin, Member of Parliament Ed Fast, The Honourable Alice Wong, Consuls General H.Y. Song (Korea), Maria Austria (Philippines), Brent Hardt (USA) and M.T. Tokmak (Turkey), Speaker, Raj Chouhan, MLA, Minister George Chow, MLA and Minister Anne Kang, MLA, Mayor Mike Hurley (Burnaby), Mayor Val van den Broek (Langley City), and Acting Mayor Steve Kim (Coquitlam), Lieutenant-Colonel Greg Chan, CO of The Royal Westminster Regiment, Honorary Lieutenant-Colonel Darrel Moriyama, 39 Signal Regiment, Honorary Colonel of the Regiment, Farid Rohani, Former Honorary Colonel of the Regiment Ted Hathorne, Chief Superintendent Graham De La Gorgendiere, Commander, RCMP Burnaby Detachment, President Scott Alleyn, Burnaby Firefighters, Provincial Commissioner David Valentine, St John Ambulance, Zone Commander Stephen Tressider, RCL and Donna Tremlow, VAC.

Honorary Colonel Farid Rohani and Former Honorary Colonel Ted Hawthorne were recognized during the course of the program as representing the Regiment and placed a wreath with Honorary Lieutenant-Colonel Darrel Moriyama, 39 Signal Regiment and Lieutenant-Colonel Greg Chan, CO, The Royal Westminster, at the wreath laying part of the ceremony. BCR Bugler Steve Torak played The Last Post and Reveille. The Lament was played by Piper Collin Richdale. The Master of Ceremonies was our friend, Michael Chang, who did an excellent job. BCR Regimental Colleague, Dan Thomas, was also in attendance along with friend and colleague Frank Smythe, Past President of George Derby Veterans Care Centre. Thank you to Richard N. Liu, Honorary Brigade Division President, Burnaby Division, St. John Ambulance, for a great turnout of Cadets. Special thanks to The Vancouver Zion Mission Children's Choir who gave a wonderful performance. A reception followed with a light lunch provided by Burnaby Firefighters.

This very memorable event was organized by the Korean War Commemorative Alliance ("KWCA") to mark the Korean War Veterans Day (July 27) as enacted by the Parliament of Canada in 2013. Many thanks to KWCA and the Office of Senator Yonah Martin and her COS Grace for this wonderful ceremony of remembrance.

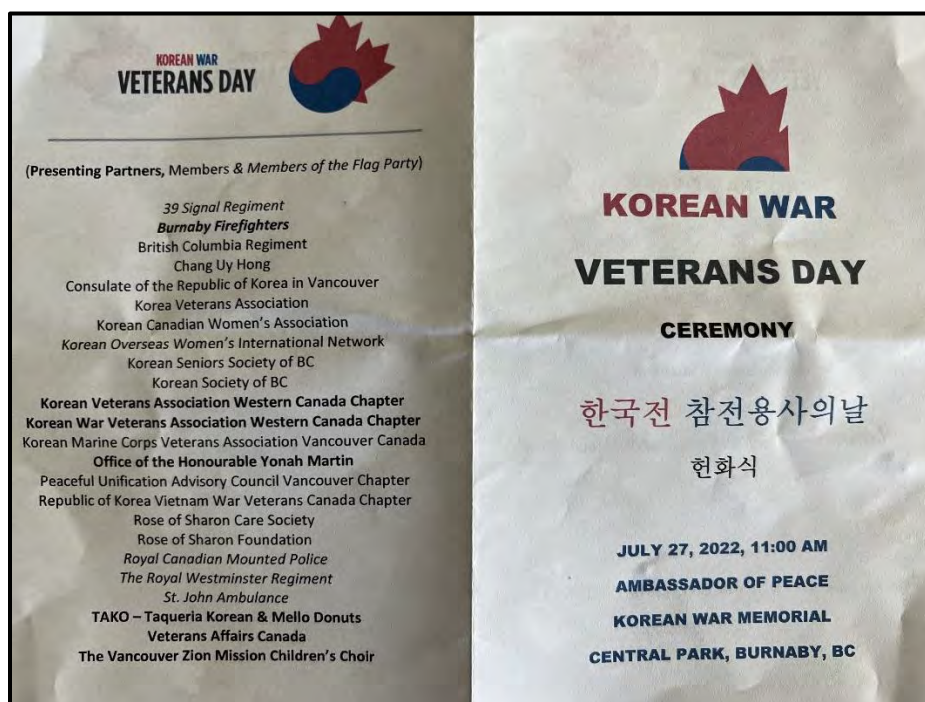






Photo credit to Paola Liu. Thank you!









## **FAREWELL TO LCPL HENRY KRIWOKEN 28<sup>th</sup> Armd (BC) 26<sup>th</sup> & 27<sup>th</sup> July 2022**

Following the passing of our second to last BCR WWII veteran, LCpl Henry Kriwoken, a celebration of life was held by his family in Kelowna on the 26<sup>th</sup> of July. The Commanding Officer of the BC Regiment (DCO), LCol Vince Virk and Sgt Dwayne Snow were in attendance. The Kriwoken family then proceeded down to Surrey to Valley View Cemetery where he was laid to rest by the family with his parents and siblings on Wednesday 27<sup>th</sup> of July. His younger brother, Walter Kriwoken (age 92) was present, as well as many Grandchildren and great-Grandchildren. Representing the BCR Association was President LCol (Ret'd) Jim Barrett, BCR RSM, CWO Arn Matibag, Cpl Delaat, Trp Upton, and Cpl Trinh.



Kriwoken Family

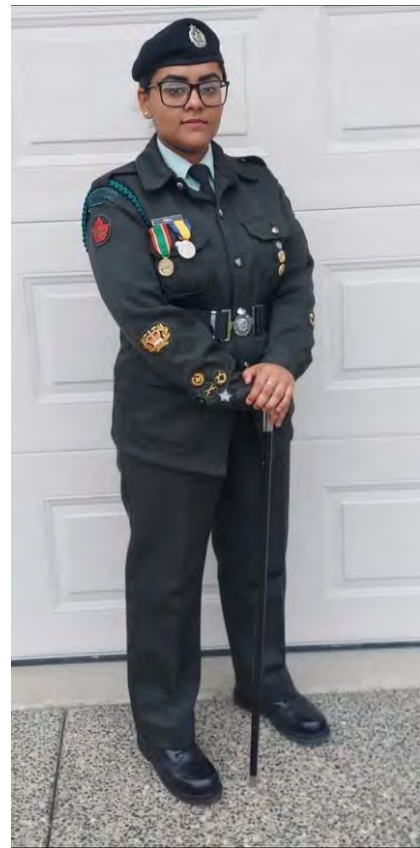


BCR Guard (L-R) RSM Matibag, Tpr Upton, Cpl Trinh, Cpl Delaat

**MWO HARMANNAT PABLA  
3300 BCR (BHAI KANHAIYA) RCACC  
JOINS CADETS & JUNIOR CANADIAN RANGERS  
ADVISORY BOARD**

I feel absolutely honoured to be part of The National Cadet Advisory Council (NCAC) that is hosted by the Brigadier General Speiser-Blanchet, Commander - Cadets and Junior Canadian Rangers (CJCR). I have been selected to be the Army Cadet representative from the Pacific Region. The Council comprises 16 senior cadets from Army, Sea and Air across Canada. The council will be hosted at Connaught Cadet Training Centre (CTC) and Valcartier CTC. The council will engage directly with the Commander and the Senior Formation staff on a variety of Cadet Program related topics. We will get an opportunity to explore the rich history, architecture and the unique culture of Ottawa and Quebec.





Thank you CJCR, DND, RCSU-Pacific and Army Cadet League for giving these leadership opportunities to Cadets. The British Columbia Regiment Army Cadet League of British Columbia Cadets Canada 3300 BCR (Bhai Kanhaiya) RCACC

**LORD STRATHCONA'S HORSE (ROYAL CANADIANS)  
CEREMONIAL MOUNTED TROOP  
ABBOTSFORD AGRIFAIR  
ABBOTSFORD EXHIBITION PARK  
31 JULY 2022**

The last performance of the Musical Ride of Lord Strathcona's Horse, Ceremonial Troop, commanded by CMT Troop Leader Captain Ali Mansour, CD, during their four-day engagement at the Agrifair was a complete success with a standing room only crowd. This was Captain Mansour's last ride as the CMT Troop Leader and the day was so very special with his family there to enjoy the most colourful precision drills of the unit. Congratulations Captain Mansour and well done indeed!



As the Ceremonial Mounted Troop completed their ride, Captain Mansour gave a smart sabre salute to former BCR Honorary Colonel Ted Hawthorne, as the Troop exited the facility. At the post event gathering of family and friends, the former Honorary Colonel presented a Regimental souvenir (BCR Honorary Colonel Coin) to Captain Mansour to mark the special occasion and conveyed greetings and best wishes on behalf of the entire Regimental Family. The event was wonderful way to reconnect with our great friend, former BCR Master Corporal Ali Mansour!



Up the Dukes!







## **SUMMER TRAINING JUNIOR CANADIAN RANGERS WHITEHORSE, YUKON 28 JUNE to 12 JULY 2022.**

Our report comes from Capt Jiri Motak, CD, who has worked with both 2290 BCR and 3300 BCR Cadet Corps in the past and is now attached to 2472 15 Field Regiment RCA Cadet Corps in Vancouver. A member of the BCR Association, Capt Motak wrote that he had the pleasure and honour to work with 1CRPG as the Recreation Officer for the Summer of 2022 Enhanced Training Session (ETS) in Whitehorse. ETS are activities outside of the regular Junior Canadian Ranger (JCR) training and are designed to complement the community level programme. This year, the summer programme was broken into Basic Training Activities which included JCRs ages 12-13 Years old. The activities that were included in the programme were Canoeing, Rock Climbing, Wordsmanship, Air Rifle Marksmanship, Horseback Riding, Archery, Traditional Crafts and Sports. Advanced Training for those cadets aged 14-18 Years old, included White Water Rafting, Paintball, Problem Solving, Abseiling, Marksmanship, Swift Water

Rescue, Horseback Riding and traditional Crafts and Sports. Leadership which included JCRs 16-18 Years old. The programs included First Aid, Problem Solving, Leadership Training, Archery. Capt Motak was the Range Safety Officer (RSO) for the Air Rifle Range and oversaw the evening events and crafts which included supervising the Junior Canadian Rangers running the crafts and night-time events. Capt Jiri Motak enjoyed working with the cadets and came home with learning a great deal about northern indigenous culture and practices.



Capt Jiri Motak passing his swim test for the white-Water activities.



On 9 July 22, Capt Motak was able to attend White-water Rafting with one of the Advanced PI's.





Capt Motak and Capt Kirk Weale (CO 2472 15 FD RCACC)

## **August**

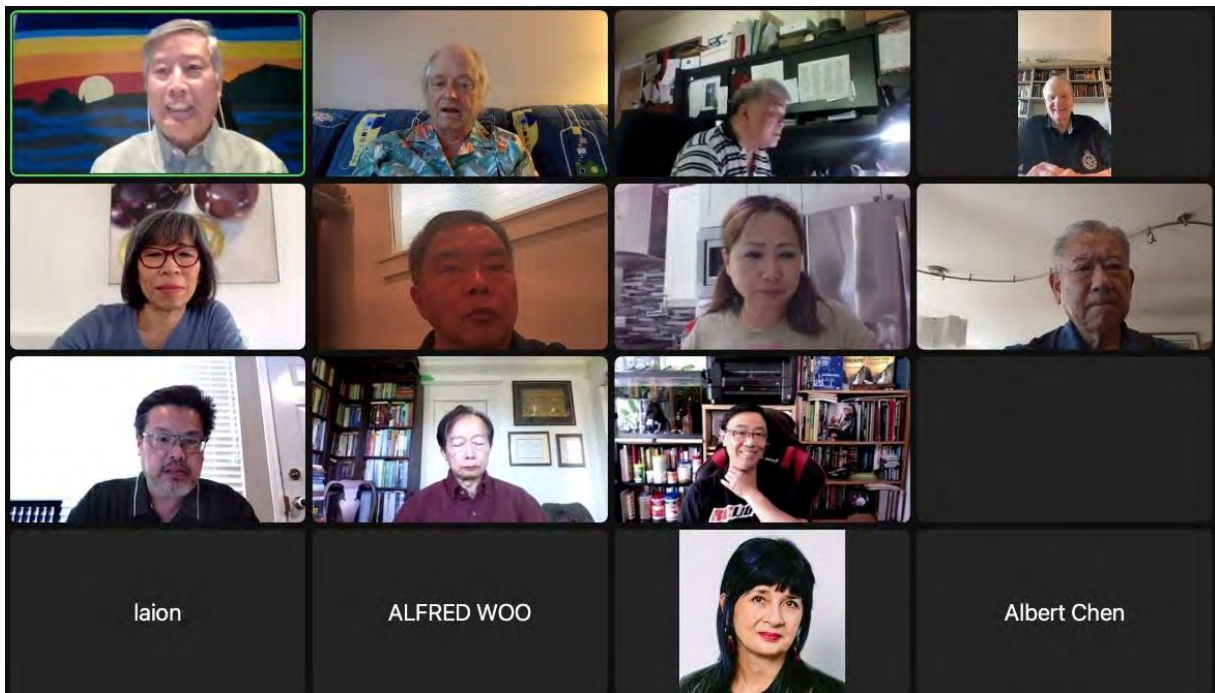
### **CHINESE CANADIAN MILITARY MUSEUM SOCIETY AND ANAVETS, PACIFIC UNIT NO. 280 6 AUGUST 2022**

The Chinese Canadian Military Museum Society and ANAVETS, Pacific Unit # 280 program for the morning forum on ZOOM commenced with special guest speaker, Ramona Mar, accomplished Vancouver journalist, who provided an historical perspective and brief overview of early Chinese Canadian aviation by presenting an historical segment of the video “Wings over Canada: Chinese Canadians in the Skies”, originally presented at the Chinatown Storytelling Centre in Vancouver on 28 June 2022.

The link is: <https://youtu.be/hdraGj8W7hk>

The many members present thoroughly enjoyed the presentation which was followed by a lengthy discussion with Ramona. The host, King Wan, thanked Ramona for her well received presentation. The regular business meeting of ANAVETS chaired by President King Wan, as the Chairman, followed the presentation. The regular business meeting of CCMMS with Judge Wong in the chair concluded the morning's proceedings.

Thank you ANAVETS and CCMMS for this most interesting forum. Very well done indeed!



Screen shots compliments of Don Chapman



**WALK - AID 2022 – SUMMER EDITION  
BURNABY MOUNTAIN  
BURNABY, B.C.  
ST. JOHN AMBULANCE  
7 AUGUST 2022**

The summer edition of “Walk Aid” (a play on words for “Walk an Inspiring Destination”), was in aid of celebrating a healthier lifestyle simply by connecting with nature and walking. The event was sponsored by St. John Ambulance and Burnaby Tourism and was held during the mid afternoon at the top of Burnaby Mountain with temperatures over 30 degrees Celsius. The special day also continued the celebration of the centenary year of St. John Ambulance Cadet Programme Worldwide and commemorated the memory of the late Dr. Po Tin Chak, SJA World War II Veteran, who would have turned 100 on August 5<sup>th</sup> last. The program featured an introduction by the MC, Richard Liu, Honorary Brigade Division President, Burnaby Division, SJA, the Deputy Commissioner of SJA, Terry Beech, MP, the Mayor of Burnaby, Mike Hurley, Chris Peter, Tourism Burnaby and the children of the late Dr. Po Tin Chak. At the conclusion of the formalities, the attendees proceeded to complete the established Walk-Aid Route and enjoyed a scrumptious mango cake and assorted ice cream afterwards as their reward! Former Honorary Colonel Ted Hawthorne represented the Regimental Association at the well attended event.

Well done St. John Ambulance!











## CEREMONY OF REMEMBRANCE SAINT JULIEN SQUARE VANCOUVER, B.C.

### 78TH ANNIVERSARY OF THE BATTLE OF NORMANDY AT HILL 140 9 AUGUST 2022

A very memorable Ceremony of Remembrance was held this morning at Saint Julien Square to honour the service and sacrifice of the soldiers of the 28th Canadian Armoured Regiment (British Columbia Regiment) and The Algonquin Regiment, our infantry support during WWII, and to remember the 78th anniversary of the Battle of Normandy, Operation Totalize at Hill 140. The wreath for the Regiment was placed by the Honorary Lieutenant-Colonel, Bill Diamond, escorted by OCdt Adelyn Ho (RMC Student completing OJT at the unit this summer) and the Regimental Association wreath was placed by the Regimental Association President, Lieutenant-Colonel (Ret'd) Jim Barrett, and Director-at-Large, Scott Hamilton. The Commitment to Remember was recited by President Emeritus Archie Steacy and Regimental Association Padre, Captain (Retired), The Reverend Gordon Barrett, remembered the sacrifice of our soldiers and delivered the concluding Benediction. Lieutenant-Colonel (Ret'd) David Sproule provided the historical background on "The Dukes at Hill 140" and Lieutenant-Colonel (Ret'd) Jim Barrett acted as Master of Ceremonies and provided

the greeting, dismissal, and acknowledgment and thanks to Bugle Major Chris Ahern for his playing of The Last Post and Reveille. Prior to the dismissal, Lieutenant-Colonel (Ret'd) Dave Sproule presented to Honorary Lieutenant-Colonel Bill Diamond, on behalf of the Regiment, a beautifully painted piece of art entitled "The Hill", which he commissioned Ken Hughes, M.Des (RCA), Artist/Designer, to create. A wonderful piece of art and so very poignant to be presented on this special day of Remembrance for the Regimental Family by our good and friend and colleague, Colonel Sproule! Thank you!

Special thanks to the Operations Staff, OpsO, Captain Tom Clackson and OpsWO, WO Gerri-Anne Davidson, and our Soldiers for the great support.

A reception on site followed compliments of Past President Gayle Hawthorne of the Regimental Association.

We will remember them!

Up the Dukes!

**Editor's Note:** It was great to receive a visit at St. Julien Square from a contingent of the Netherton District Rangers ("Girlguiding"), Dudley, West Midlands, UK. Welcome to Canada and have a wonderful trip!







Presentation of 'The Hill' by Artist Ken Hughes and LCol (R) Dave Sproule to HCol Bill Diamond





Photo courtesy of Marianne Loepky







## CITADEL THERAPY CANINE SOCIETY 10TH ANNIVERSARY PARTY DELTA COMMUNITY ANIMAL EXPO

**DELTA, B.C.  
14 AUGUST 2022**

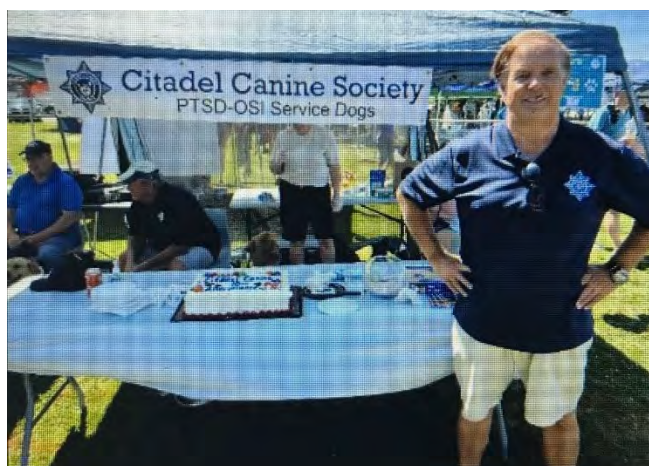
Congratulations to the good folks at Citadel Canine on the occasion of their 10th anniversary of delivering on their mission “to provide PTSD - OSI service dogs and/or training support at no charge to the military veterans, nurses or other first responders who qualify to enroll in our program”. The Mission Statement goes on to state that “we train Medical Service Dogs for Veterans, Police, Firefighters, Paramedics, Nurses and 9-1-1 personnel who are diagnosed with PTSD or an Occupational Stress Injury”.

The anniversary party was duly celebrated on a beautiful sunny summer Sunday afternoon at Ladner Memorial Park at the Delta Community Animal Expo. The party was well attended by members of Citadel Canine, Volunteers, friends and service dogs.



Former Honorary Colonel Ted Hawthorne was on hand to congratulate President Brian Archer and his Team for their successful operation of Citadel Canine during the past ten years.

Well done and our very best wishes!





**REMEMBERING THE 105TH ANNIVERSARY OF THE BATTLE OF HILL 70  
AND THE 77TH ANNIVERSARY OF THE END OF WORLD WAR II  
CHINATOWN MEMORIAL PLAZA  
VANCOUVER, B.C.  
15 AUGUST 2022**

The service and sacrifice of our fellow Dukes were remembered at a brief ceremony held on the occasion of the 105th Anniversary of the Hill 70 action (7th, 29th and 102nd Bns CEF) and the 77th Anniversary of the end of WWII - 28th Armoured Regiment (BCR). A wreath was placed on behalf of the Regimental Family at the Chinatown Memorial Monument in Vancouver by the former Honorary Colonel of the Regiment, Ted Hawthorne. The Wreath for ANAVETS, Pacific Unit # 280, was placed by President King Wan and the Wreath for the Chinese Canadian Military Museum Society was placed by President, Judge Randall Wong. Former Honorary Colonel Ted Hawthorne also placed a wreath at Saint Julien Square to mark the occasion. Also in attendance were Alfred Woo, who provided a brief history, and Kelly Kwong. We will remember them! Following the brief ceremony, the attendees adjourned to the Daisy Garden Kitchen on Pender Street to enjoy a delicious luncheon and the customary Veterans' camaraderie.

Up the Dukes!











Photos courtesy of Steve Ko and Ted Hawthorne

**OUTLAW LEATHER COMPANY  
“THE HARNESS SHOP”  
CORPORAL CHRIS YAMAUCHI  
THE B.C. FARM MUSEUM  
FORT LANGLEY, B.C.  
17 AUGUST 2022**

The BC Farm Museum is located at 9131 King Street in historic Fort Langley. The museum “has the province’s largest collection of pioneer and agricultural artifacts in British Columbia.” One of our very own, Corporal Chris Yamauchi, provided the former Honorary Colonel of the Regiment, Ted Hawthorne, with a first-class tour of the facility....it is truly a must see by any standard....and everything still operates!! Past President Gayle Hawthorne was fascinated with the considerable detail of the pioneer kitchen and living quarters display...a bygone era indeed!

It is also a fitting place for the location of “The Harness Shop” where Chris creates, in the traditional manner, his highly skilled fine leather crafted products. The reader is invited to peruse the link provided for further details.

[www.Outlawleatherco.com](http://www.Outlawleatherco.com)

It is also worthy of note that Chris is also an accomplished competitive bull rider. To mark the special occasion, former Honorary Colonel Ted Hawthorne presented Chris with his Honorary Colonel Regimental Coin, as a souvenir, and thanked him for his service with the Regiment.

Thank you, Chris, for the amazing visit and hospitality!

Up the Dukes!

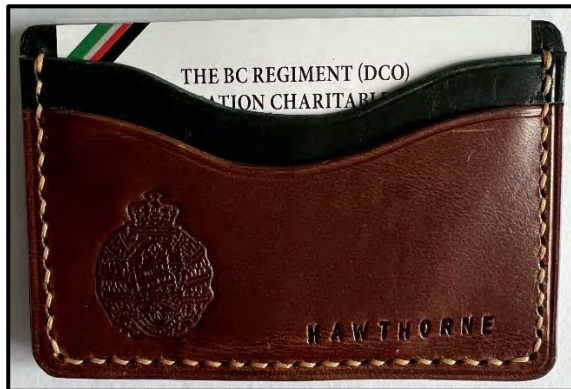
**Editor’s Note:** The Commanding Officer of the Regiment, Lieutenant-Colonel Vincent Virk, had previously presented a beautifully hand-crafted leather business card holder custom made by Chris to former Honorary Colonel Hawthorne in recognition of his support of the Regiment.











## **CSM Robert Hill Hanna VC** **Memorial Statue Unveiling Ceremony** **20<sup>th</sup> August 2022** **Lower Square Kilkeel**

On the evening of the 20<sup>th</sup> of August 2022, a gathering took place in the Lower Square of Kilkeel, Northern Ireland, UK, to hold an unveiling ceremony of a statue to the memory of CSM, Robert Hill Hanna, VC, from the 29<sup>th</sup> Battalion (Vancouver Regiment) Canadian Expeditionary Force who was awarded the Victoria Cross for his bravery at Hill 70 in August 1917.

Attending a reception at the Shomberg Society's Hall on the 18<sup>th</sup> and the unveiling ceremony on the 20<sup>th</sup> from Canada were CSM Hanna's son, Mr. Robert (Bob) Hanna, his wife Trudy, and their family, including a number of Great-Grandchildren. Also in attendance were members of the Orange Lodge of Ontario, who assisted with fundraising, local supporters including the Ulster-Scots Agency, The Northern Ireland Memorial Museum, the Kilkeel Development Association, and Lt-Col (Ret'd) James D. Barrett, CD, BCR Association President. There were other organizations, charities and individuals who contributed and donated towards the raising of the statue. The base of the statue is made from a Granite block from the Mourne Mountains.



This project began two years prior as an endeavour of the Schomberg Society, which was formed in 1998 by local Ulster-Scots whose primary aim was to preserve and promote all aspects of their culture including history, language and traditions in their community located in the ancient Kingdom of Mourne. As part of that desire to preserve their history, they decided to honour CSM Hanna in his home town. Stone Sculptor David weir of D.W. Stone Studio was retained to make the statue.



The first welcoming reception on the Thursday the 18<sup>th</sup> was hosted by Mr. James Donaldson, who organized most of the event, and James gave a detailed presentation on what the Schomberg Society was about, and the statue project. The attendees were entertained by both highland dancing and the playing of two of the large Lambeg drummers who also played at the unveiling. Bob Hanna and his family were interviewed by both the BBC and Irish TV the following day. The Schomberg Society also acknowledged the assistance of the BCR Association and BCR Museum in helping with the details of CSM Hanna's uniform to ensure period correctness.



Hanna Close near CSM Hanna's Family Home  
A number of preserved small cottages owned by Hanna Family

Although the morning of the 20<sup>th</sup> of August started with a rainy drizzle, as the day progressed, however, the skies cleared and by the time the parade through Kilkeel started at 1830 hrs, the sun was coming out. A cousin of Bob Hanna's, Ossie Wallace, kindly drove Lt-Col Jim Barrett for a tour of the area, prior to his joining with the other veterans attending the ceremony where they followed the second of two bands through the town from the water, the upper square and down to the lower square where they were dismissed, and the attendees took their seats. Also in attendance were the Mayor of Kilkeel, Charlie Casey, and the President of the Schomberg Society. The ceremony's Master-of Ceremony was Lt-Col (Retired) Kingsley Donaldson, from the Royal Tank Regiment, and all rose for the arrival of the Lord Lieutenant of Northern Ireland, who arrived with his Aide, a full Colonel from Canada stationed in the UK.



Following introductions and a prayer led by Reverend William Bingham, Bob Hanna and his son, Bob, unveiled the statue of his father, CSM Hanna.



Lt-Col Jim Barret was called forward to read the Victoria Cross Citation for CSM Hanna:

"For most conspicuous bravery in attack, when his company met with most severe enemy resistance and all



the company officers became casualties. A strong point, heavily protected by wire and held by a machine gun, had beaten off three assaults of the company with heavy casualties. This Warrant Officer under heavy machine gun and rifle fire, coolly collected a party of men, and leading them against this strong point, rushed through the wire and personally bayoneted three of the enemy and brained the fourth, capturing the position and silencing the machine gun. This most courageous action, displayed courage and personal bravery of the highest order at this most critical moment of the attack, was responsible for the capture of a most important tactical point, and but for his daring action and determined handling of a desperate situation the attack would not have succeeded. CSM Hanna's outstanding gallantry, personal courage and determined leading of his company is deserving of the highest possible reward."



Memorial wreaths were then laid by the statue following its dedication by Reverend Bingham and performances included the Northern Ireland Military Wives Choir, Schomberg Society Lambeg Drummers, the reading of a poem 'Bob's Story 1956' by Neil Cousins, and a playing of 'Hill 70' by Piper Mark Smyth.

Overall, we thank the community of Kilkeel, and the Schomberg Society form organizing an impressive and thoughtful recognition of CSM Robert Hill Hanna, and their warm hospitality shown to of all of us from Canada who attended.



The Schomberg Society Lambeg Drummers



Bob & Trudy Hanna & Family with supporters from Schomberg Society





Lt-Col Jim Barrett with Bob & Trudy Hanna

**CEREMONY OF REMEMBRANCE  
CANADIAN MONUMENT, DIKSMUIDE, BELGIUM  
BELGIUM – CANADIAN REMEMBRANCE COMMITTEE  
24 AUGUST 2022  
By: Luke Vandenbussche, Secretary BCHC/BCRC-LEKE**

A Ceremony of Remembrance was held at the Canadian Monument (“Liberationmonument”) in Diksmuide on August 24<sup>th</sup>, 2022. Official Wreaths were placed at the Canadian Monument by Wannes Dejaegher, a member of BCRC- LEKE and Wim Vandenbussche President of the Belgian Canadian Remembrance Committee - LEKE (BCRC- LEKE) and by Ludwig Vandenbussche, Secretary of BCRC- LEKE - Member of the Belgium-Canada Association.

Up the Dukes!





20 Aug 2022

Op IMPACT - CIMIC Mobile Training Team

CWO Harris

Greetings Dukes,

I write to you from Beirut, Lebanon where I have been deployed for the past 2 months as part of Operation IMPACT. Op IMPACT is part of Canada's whole-of-government approach to the Middle East with the Canadian Armed Forces (CAF) mission to build the military capabilities of Iraq, Jordan, and Lebanon, and set the conditions for their long-term success.

As a component of Op IMPACT, the aim of the Canadian Training Assistance Team – Lebanon (CTAT-L) is to conduct capacity-building activities with the Lebanese Armed Forces (LAF). Currently, those activities include Combat First Aid, Advanced Winter Survival & Mountain Ops, Logistics Mentorship and Civil-Military Cooperation (CIMIC). For those unfamiliar with CIMIC, it can be defined as, *"a military capability that supports the commander's mission by establishing and maintaining essential coordination and cooperation between the military force and civil actors, enhancing situational awareness in the area of operations."*

Along with my team, we delivered an Instructor Standardization package with war game rehearsal and facilitated the delivery of the Advanced CIMIC Planners Course, which aims to qualify officers to deliver CIMIC effects at the Brigade level. The course was attended by 20 LAF officers and centred on the Operational Planning Process (OPP) and the CIMIC Officer's planning and advisory role with respects to the civil environment during Brigade offensive operations. As there is no equivalent Army Operations Course (AOC) for LAF officers until their Company Commander's Course, both OPP and staff functions were relatively new concepts for the students. The LAF instructors were all experienced CIMIC operators with the key difference between NATO CIMIC and LAF CIMIC, is the latter primarily conducts domestic, homeland CIMIC instead of expeditionary operations beyond their borders. With the current economic challenges combined with the flood of refugees from war-ravaged Syria, the LAF CIMIC is conducting operations on a near daily basis with many of their leaders bloodied in combat with Daesh on their Eastern Border.

As most have read, Lebanon has suffered a massive economic crisis, which has continued to deteriorate over the past 3 years with inflation exceeding 215%. Food price inflation is nearly double at 400% with the USD-LBP exchange rate collapsing by 95%. Soldiers who once earned \$1200 USD/month are now taking home as little as \$50/month with many having to resort to second and third jobs and literally struggling to make ends-meet (out of necessity, a vegetarian diet is encouraged). As the most respected institution in the country, the LAF is considered a critical pillar of stability and though officers and soldiers are grappling to earn a decent salary, they remain committed to their motto, **"Honor, Sacrifice, Loyalty."**

Of trade specific interest, I had the opportunity to visit the premier Armoured Regiment in country. Equipped with M60 and M48 MBTs, the LAF impressed me with their ability to keep these aging steel beasts operational. In addition to American tanks, each combat Brigade has an integral Armoured Battalion equipped with T54/55s. The Regiment will soon be augmented by a small number of M2 Bradley IFV's, donated by the USA. Regardless of nation and language, there is a natural kinship amongst the community of armoured warriors.

As my deployment comes to a close, I think what will always resonate with me is the remarkable hospitality, humility, humour, and incredible resiliency that defines the people of Lebanon.

Up The Dukes!

CWO Tony Harris, CD



Advance Planner's Course



CWO Tony Harris and Sgt Steve Gross (BCR 2007 – 2013)





M2 Bradley Integration



M48 Familiarization



M60



**BCR (DCO) FAMILY DAY  
HMCS DISCOVERY  
27 AUGUST 2022**



At noon, on the 28<sup>th</sup> of August the BCR Regimental family including Serving Soldiers, their families, and members of the Regimental Association assembled on HMCS Vancouver's location on Deadman's Island, to hold a BBQ and family day. Presentations were given to all the members by Nancy from the MFRC, as well as an opportunity to examine and explore a G-Wagon and TAPV which had been positioned on the helipad. RSM Arn Matibag and Cpl Delaat were the grill masters for the event. We also welcomed back Capt Stocker and CWO Tony Harris from their deployments. HCol Farid Rohani and his family attended, as well as the President of the BCR Association, Jim Barrett and Vice-President Ted Hawthorne. A cake was later cut honouring the Hawthorne's for their wedding anniversary which happened to fall upon the same date.

After over a week of record temperatures exceeding 30 C, today's Annual Family Day was perfect with its ideal venue providing a fun day for all with temperatures in the low 20s. The event was booked from noon to 6:30pm and featured an excellent BBQ, sports activities and ample opportunity for good conversation and camaraderie for the many in attendance. In addition, Mainland BC Military Family Resource Centre delivered a comprehensive presentation for our serving members. A highlight of the day included the return of MCpl Duke A. Bear from his Tour in Lebanon with CWO Tony Harris and his immediate transfer to WO Gerri-Anne Davidson to prepare him for his upcoming tour in Latvia. In addition, an Anniversary Cake was prepared in recognition of the 56<sup>th</sup> anniversary of former Honorary Colonel Ted Hawthorne and Past President Gayle Hawthorne.

What a grand day thoroughly enjoyed by our Regimental Family!

Up the Dukes!



Troopers hanging about the Condiment Table



Grill Master Delatt





HCol Farid Rohani checks out the future recruits









Military Family Resource Centre (Lower Mainland) Briefing by Nancy Szastkiw



Jim, Nancy & RSM Matibag







Happy 56<sup>th</sup> Anniversary to Ted & Gayle Hawthorne!



HCol Farid Rohani, Major Vinning & LCol (R) Jim Barrett





WO Davidson



CWO Tony Harris returns MCpl Duke-a-Bear from his tour in Lebanon  
CWO Harris welcomed back as well.



## **CO'S COMMITTEE & REGIMENTAL TRUST MEETINGS VIA ZOOM 31 AUGUST 2022**

The August meetings of the BCR Commanding Officer's Committee and the BCR Trust were held virtually via ZOOM in the early evening of Wednesday, August 31<sup>st</sup>. Honorary Colonel Farid Rohani chaired the very comprehensive CO's Committee meeting which included thorough reports from the President of the Regimental Association, LCol (R) Jim Barrett, the Chairman of the Regimental Association Charitable Trust, Ted Hawthorne, the President of the BCR Museum, Bill Whalen, the Cadet Governor, LCol (Ret'd) Jim Barrett, the Band Governor and the Treasurer of the BCR Trust, Honorary Lieutenant-Colonel Bill Diamond and the CO, LCol Vincent Virk, who provided reports on the upcoming training year, "Heritage Duke", a Command Snap Shot and a review of his Strategic Plan (2020-2024). All reports were very well received by the members. In concluding the afternoon's proceedings, Honorary Lieutenant-Colonel, Bill Diamond, chaired the BCR Trust meeting which included the adoption of a number of structural items intended to improve the capability and operations of the BCR Trust.

Excellent meetings and thank you to all members!

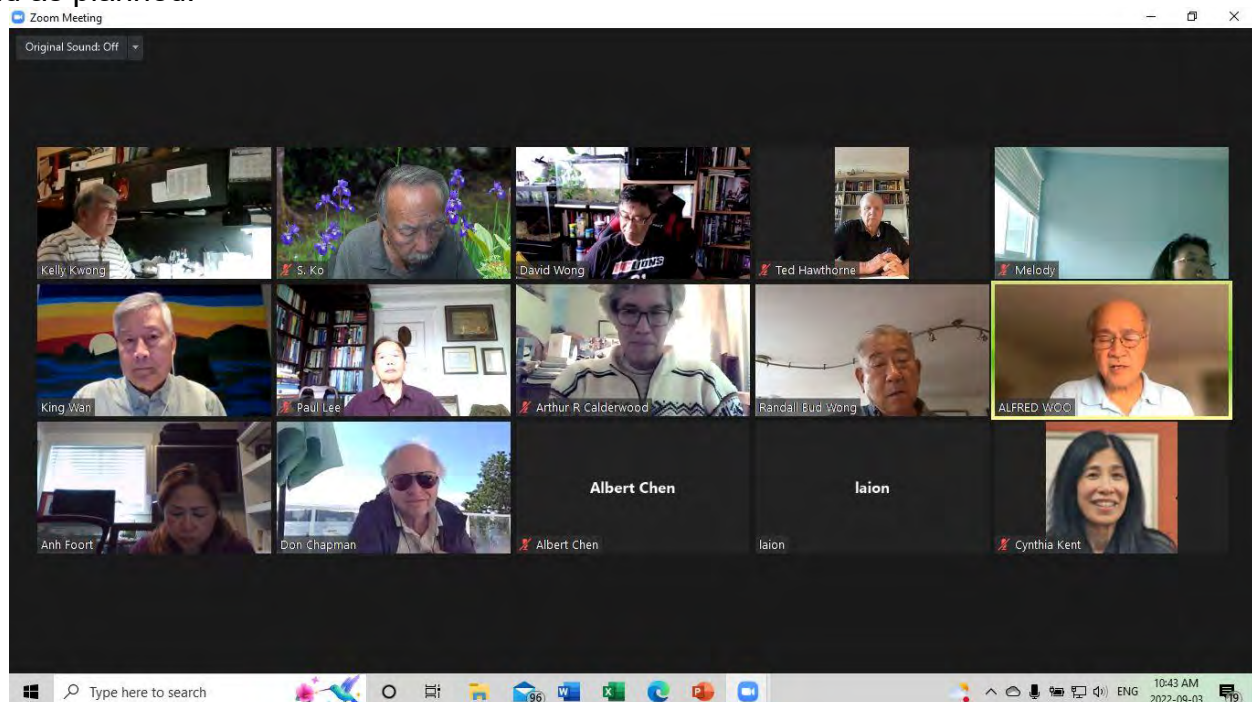
Up the Dukes!



## September

### CHINESE CANADIAN MILITARY MUSEUM SOCIETY AND ANAVETS, PACIFIC UNIT NO. 280 ZOOM PLATFORM 3 SEPTEMBER 2022

The Chinese Canadian Military Museum Society and ANAVETS, Pacific Unit # 280, held their regular business meetings for the month of August with President King Wan, in the chair for ANAVETS, and Judge Bud Wong, in the chair for CCMMS. The scheduled speaker for the morning's Speaker's Forum, the Reverend Captain (N) George Zimmerman, retired Command Chaplain, RCN, and classmate of Commander (R) King Wan, was most unfortunately unable to attend as planned.



Screen Shot compliments of Steve Ko, CCMMS





## **THE ROYAL FAMILY'S VIGIL 17 SEPTEMBER 2022**

### **PRESENTATION BY HONORARY LIEUTENANT-COLONEL BILL DIAMOND TO FORMER HONORARY COLONEL TED HAWTHORNE 12 SEPTEMBER 2022**

At the conclusion of their monthly briefing session in Gastown, Honorary Lieutenant-Colonel Bill Diamond made his first presentation of his newly minted Honorary Lieutenant-Colonel Regimental Coin to former Honorary Colonel Ted Hawthorne in recognition of Ted's continuing service to the Regiment, the Regimental Family and the Community.

Very classy indeed, Colonel Bill!

Up the Dukes!



## 2290 BCR (101 DCOR) RCACC SUPPORT COMMITTEE EXECUTIVE MEETING 14 SEPTEMBER 2022

The September meeting of the Executive of the Support Committee of 2290 BCR (101DCOR) RCACC was held on the ZOOM platform on the evening of September 14<sup>th</sup>. Nyal Wilcox chaired the meeting, and a slate of comprehensive reports was presented to the members. The program included the Chairman's Report, the CO's Report (Major Lee Taylor, CD), a Scholarship update, and a Recruiting and Fundraising Update. Past President Gayle Hawthorne and former Honorary Colonel Ted Hawthorne were also in attendance representing the Regimental Association and the Charitable Trust. The evening's meeting included various topics given the return to in person attendance and training for the Cadets at the Drill Hall, ongoing COVID-19 Restrictions by RCSU and a review of proposed capital purchases for training and planning for the new training year.

Up the Dukes!





**ST. JOHN AMBULANCE  
CHANCELLOR'S PARADE  
THE DRILL HALL  
VANCOUVER, B.C.  
12 SEPTEMBER 2022**

The Chancellor's Parade, hosted by Burnaby Divisions 389c and 304, was held at the historic Drill Hall of The BC Regiment (DCO) on Monday, 12 September 2022, in the early evening. The Guest of Honour, Dr. André M. Levesque, OMM, KStJ, OOnt, CD, Chancellor, the Priory of Canada of the Order of St. John, was in attendance as the Reviewing Officer.

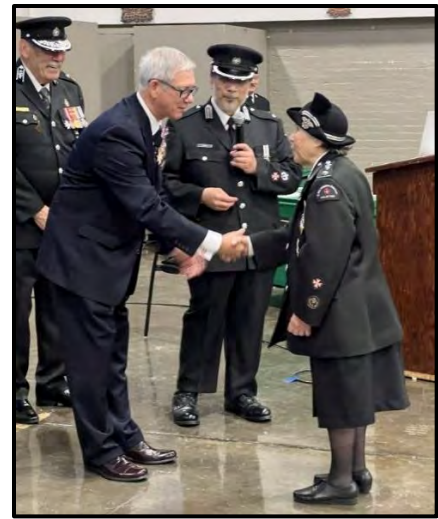
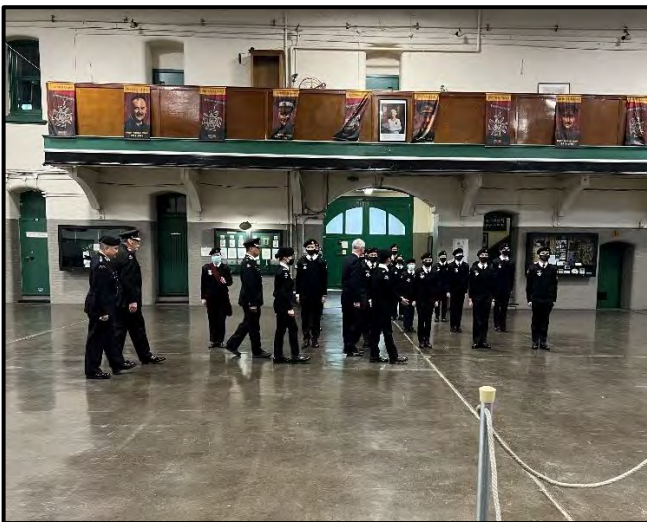
The program for the evening included a photo with the Chancellor, the formal arrival of the Guest of Honour and introduction of the Inspecting Officer, the Parade March On, a Land acknowledgment, a Moment of Silence and an Opening Prayer, Opening Remarks, an Inspection of the Cadets, Promotions and numerous Recognitions, a Division 304 Adults First Aid demonstration, the Double Diamond Jubilee Launch, Dr. Chak / Battle of Hong Kong Special Event Announcement, Special Remarks by Chancellor Levesque, Closing Remarks and a Prayer.

Prior to the parade, the former Honorary Colonel of the Regiment, Ted Hawthorne, was presented with the Chancellor's personal Souvenir Coin and was thanked by Dr. Levesque for his great support. During the course of the opening remarks, the MC, Raymond Chow, Divisional Superintendent, acknowledged and thanked former Honorary Colonel Hawthorne and LCol (Ret'd) Romano Acconci for the support of the Regiment for the evening's event. At the conclusion of the parade, Honorary Colonel Farid Rohani thanked everyone for the wonderful turnout at the special event. Colonel Rohani also presented Dr. Levesque with a Regimental Coin to mark the special occasion.

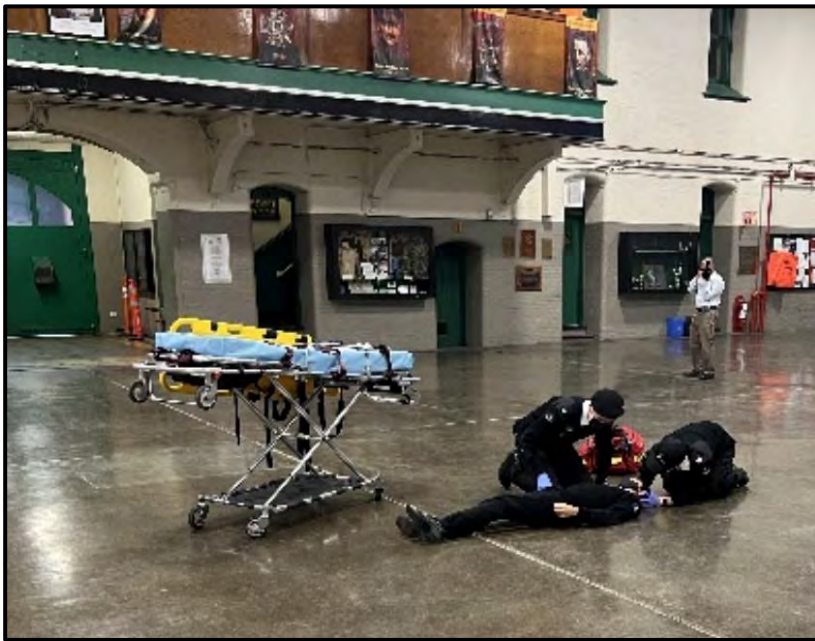
Congratulations and well done to our friends at Saint John Ambulance.















## Chancellor's Parade

Hosted by  
Burnaby Divisions  
389c and 304

Guest of Honour  
Dr. André M. Levesque, OMM, KStJ, OOnt, CD  
Chancellor, The Priory of Canada of the Order of St John

Beatty Street Drill Hall  
Vancouver, BC, Canada

September 12, 2022



Beatty Street Drill Hall

The 121-year-old Beatty Street Drill Hall is Vancouver's oldest military structure and is a designated Federal and Vancouver Heritage Building that is home to the British Columbia Regiment (Duke of Connaught's Own), an armoured reconnaissance reserve regiment, the oldest military unit in Vancouver, and the most senior in the province.

The archival photo shows Canadian Army Medical Corps outside the Beatty Street Drill Hall in 1912. (City of Vancouver Archives)

### St. John's connection to the Drill Hall

Ms. Peggy Lee (李黃翠娟), a St. John Ambulance WWII Veteran, was 19 years old in 1942, making her the youngest member of a platoon comprised of 20 Chinese Canadian women, the only Chinese platoon in North America during the war.

Women with the St. John Ambulance Brigade were assigned to the civil defense unit, called the Women's Ambulance Corps (WAC). Peggy Lee (pictured above) was part of The Second Company of "Platoon A" that proudly paraded down East Georgia Street in Chinatown, across the Viaduct to the Beatty Street Drill Hall for inspection.



## ROYAL COMMONWEALTH SOCIETY CANDLELIGHT VIGIL FOR QUEEN ELIZABETH II 16 September 2022

The Royal Commonwealth Society and the Order of St George held a candlelight vigil at Queen Elizabeth Park this weekend and will follow up with a further memorial service at Queen's Park in New Westminster on Sunday 18<sup>th</sup> of September at 1 pm.



Photos courtesy of Steve Ko

**MEMORIAL SERVICE FOR HER  
MAJESTY QUEEN ELIZABETH II  
Sunday, September 18, 2022**



**Time:** 1:00 PM  
**Where:** Queen's Park, New Westminster at the Queen's Park Sign  
**Organizer:** The Royal Commonwealth Society Mainland of British Columbia, The Royal Society of St. George, British Columbia Branch, & Officers of the Honourable Guard to the Royal Commonwealth Society and Royal Society of St. George  
**Contact:** rcsmainland@gmail.com



\* Please bring tribute items, like candles, flowers, cards, etc.

**SOVEREIGN ORDER OF ST. JOHN ("SOSJ")  
INVESTITURE SERVICE AT CHRIST CHURCH CATHEDRAL**

**VANCOUVER, B.C.  
17 SEPTEMBER 2022**

Congratulations to the 7 Knights and Dames invested in the Sovereign Order of St. John at an impressive Investiture Service held in the late afternoon of 17 September 2021 at Christ Church Cathedral in Vancouver. A full choir and the Pipes and Drums of the Seaforth Highlanders of Canada played a large role in the success of the service.

The Investiture was followed by a wonderful reception and dinner at the Pan Pacific Hotel at Canada Place.

Thank you to the SOSJ for their extraordinary work in the community (St. John Hospice at UBC).











## MT. Worthington & MT. Hart-McHarg / Kananaskis Valley Peter Lougheed Park – Sept 2022

Fifteen years ago, in Sept we mounted the directional plaque for MT. Worthington & MT. Hart-McHarg in Kananaskis Valley – Peter Lougheed Park. This Sept we were going to be on holidays and decided to add Kananaskis Valley to our itinerary to check on the plaque and the two other plaques that were originally mounted by L/Col Archie Steacy (Ret) in honor of Lt-Col Worthington and Lt-Col Hart-McHarg.



Trying to locate the rock the plaques are mounted on was a bit of an exercise as we didn't have the actual directions and were using the article that we wrote fifteen years ago as guidance. However, the article didn't actually give us the exact locations either. We knew it was at a dam, but we went to both dams and couldn't find it. We kept reading the article over and over which was kind of funny as we remember the same problem the first time. But with determination we finally found it.

We are please to report all three plaques are still there and in good condition.





The view in Kananaskis Valley is beautiful, so if you get a chance to go there, you should also go to the rock to read the plaques and look at the mountain view of MT. Worthington & MT. Hart-McHarg. Off Hwy 1, take Kananaskis Valley turn off. Please note you now need to purchase a conservation park pass to make any stops in the park. It's located at the second dam, North Interlakes turn off. (Go to Panorama, but instead of turning right into Panorama, turn left up the hill) You need to walk across the dam & you should come up to a large rock with the plaques and a nice view of the mountains. There are many hiking trails and camping areas to explore in the park as well.

Thanks

Graydon & Sandra Young

Up the Dukes!





## **29<sup>th</sup> Battalion (Vancouver Regiment) CEF PNE 2022**

### **ANNUAL BC REGIMENT PERPETUATED BATTALIONS PARADE AT THE PACIFIC NATIONAL EXHIBITION 24 SEPTEMBER 2022**

At 1030 hrs on Saturday the 24<sup>th</sup> of September, over 130 BCR Cadets and Veterans, with families and onlookers congregated at the 29<sup>th</sup> Battalion (Vancouver Regiment) CEF Monument on the site of the Pacific National Exhibition across from the entrance of the Pacific Coliseum to pay honour to the memory of our Great War Veterans from 1914-1918 who volunteered and served with our three fighting battalions, the 7<sup>th</sup>, the 29<sup>th</sup> and the 102<sup>nd</sup>, as well as those members of the Regiment who trained in other battalions and were broken up as reinforcements to sustain the strengths of other units when they arrived on the Western Front.





BCR Association and BCR Cadet Corps Officers



BCR Parade Marshall LCol (R) J. Barrett takes parade from Cadet Parade RSM  
MWO H. Pabla 3300 BCR





A sunny day with perfect conditions greeted the participants. Our Cadet Corps and CIC Officers were well turned out with over 118 Cadets from Vancouver's 2290 BCR (101 DCOR) RCACC, 2827 BCR (DCO) RCACC from Port Moody, 2381 BCR (Irish Fusiliers) RCACC from Richmond, and 3300 BCR (Bhai Kanhaiya) RCACC from Surrey. Our Cadet Parade RSM was C/MWO Harmannat Pabla from 3300 BCR and we had in attendance many CIC Officers, including the Commanding Officers from 2381 BCR (Capt Jeff Ng), 2827 BCR (Capt Dean McLennan) and 3300 BCR (Capt Karm Nagra). With a large turnout of veterans from our Association and Regimental Family were many parents and a very large contingent of spectators. The Candle of Remembrance was placed at the foot of the Memorial prior to the start of the ceremony.



The MC and Parade Marshall was LCol (R) Jim Barrett, President of the BCR Association, Padre the Reverend Capt (R) Gordon Barrett led the non-denominational service and wreaths were laid on behalf of the Regiment by Sgt (R) Thomas Houghton and Ted Hawthorne the Vice-president of the Association. The

wreath for the Association was laid by Jim Barrett and Major (R) Mal Goodman (A former member of both the Irish Fusiliers of Canada and the BCR).



LCol (R) Jim Barrett and Maj (R) Mal Goodman

The Last Post was played by BCR Bugle Major Chris Ahern, followed by a minute's silence and Rouse. The Lament was played by a Piper of the BCR Irish Pipes and Drums Band.



At the conclusion of the Parade, a reception was held for all attendees complete with Subway sandwiches, assorted chips, cookies, Tim Horton's donuts, fruit drinks, coffee and water, compliments of the Regimental Association and served by Louise Prouse and Simar Pabla.





A Special Thank You to Simar, Louise and our volunteers!



BCR Cadets, Officers and BCR Association President, Vice-President and Padre Barrett





Senior Cadets and BCR Association Attendees

A special thank you to the PNE for their continuing community support of this commemoration event.

They shall grow not old, as we that are left grow old;  
 Age shall not weary them, nor the years condemn.  
 AT THE GOING DOWN OF THE SUN AND IN THE MORNING,  
 WE WILL REMEMBER THEM. WE WILL REMEMBER THEM.

**5<sup>TH</sup> ANNUAL CANADIAN WALK FOR VETERANS  
 WHITE ROCK MEMORIAL PARK  
 WHITE ROCK, B.C.  
 25 SEPTEMBER 2022**

The fifth annual "Canadian Walk for Veterans" took place in many cities across Canada yesterday and today. This year's Lower Mainland Walk (five-kilometre), held on a beautiful autumn morning, started with a ceremony at the Memorial Park and then proceeded with the walk from the Memorial



Park to the western extremity of the beach and back to the Pier (Canada's Longest) in order to "...raise awareness of the plight of translators, interpreters, cultural advisors and other locally employed people who were essential to Canada's missions in conflicts throughout the world such as the Balkans, Somalia, Rwanda and Afghanistan."



The attendees were treated to an upbeat program by the Vancouver Naval Veterans Band, a 10-minute Warning Call by our very own John More, retired BCR Bugle Major, followed by introductions by the Master of Ceremonies, the singing of "O Canada" and "God Save the King," an Aboriginal Family traditional greeting providing a warm welcome to the attendees, speeches by the Mayor of White Rock, Darryl Walker, and many other politicians. Former Honorary Colonel Ted Hawthorne was in attendance and reconnected with many friends, including Marc Burchell (Team Leader of the Event along with Dr. Matthew Kane) and Donald Sorochan of Equitas Disabled Soldiers Funding Society and many Northwest Frontier Indian Army Veterans.

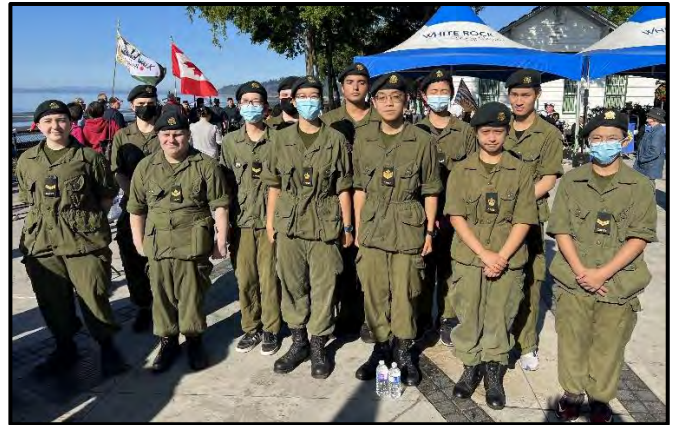
Post "Walk" festivities included a BBQ compliments of the Knights of Columbus, White Rock Council #7015.

The net proceeds from this year's walk will go to organizations working hard for the benefit of Canada's Veterans and first responders. A major portion of the net proceeds will go to the **True Patriot Love Afghan Resettlement Fund**.









Recognizing with gratitude the contributions, challenges and sacrifices made by all serving military, veterans, first responders and their families.

Reconnaissant avec gratitude les contributions, les défis et les sacrifices faits par tous les militaires en service, les anciens combattants, les premiers intervenants et leurs familles.



## THE BARRETT BUNKER SEPTEMBER 2022

For this edition of the Barrett Bunker, I thought it timely to look at how the face of the Regiment has changed over time in terms of its ethnic make-up from its founding 139 years ago to the present day.



BC Garrison Artillery (BC Archives)

It should come as no great surprise to anyone that the Regiment in its earliest days as the Provisional BC Regiment of Garrison Artillery was largely recruiting from the white populations of New Westminster, Victoria, Nanaimo, and Vancouver. With the most numerous members coming from England, Wales, Scotland, and Ireland.



So too it was when you look at the lists of recruits signed up in the Great War 1914-19 and the make up of our first fighting battalion, the 7<sup>th</sup> Battalion (1<sup>st</sup> BC Regiment) CEF. Although the senior officers and NCO



were largely a mix of 6<sup>th</sup> DCOR (CO) Irish Fusiliers of Canada (2IC), etc., the companies of soldiers were also drawn from the Seaforth Highlanders of Canada, the 104<sup>th</sup> Westminster Fusiliers, The Earl Grey Rifles, and the retired British Army Veteran's living in the interior and the Kootenays. Our follow up battalions included the 29<sup>th</sup> (Vancouver) and the 102<sup>nd</sup> Battalion (North British Columbia) CEF. We would be amiss if we did not acknowledge the other battalions raised which were broken up for reinforcements as the war and need for replacements progressed.



158<sup>th</sup> Duke of Connaught's Own (Overseas Battalion) CEF

Raised in Vancouver 1915, Trained at Vernon Military Camp (above) and broken up for reinforcements on arrival in UK January 1917.

The soldiers in addition to those whose ancestors came from the United Kingdom included other European Nationalities and Indigenous volunteers who served as well. At least one officer in the 7<sup>th</sup> Bn CEF was black.



Pte Francis 'Frank' Gott 102<sup>nd</sup> (North BC) CEF  
T'itq'et (Lillooet) First Nations  
Served 1916 - 1917

This takes us to our story of the Chinese-Canadian Soldiers who served with the BC Regiment for many years after 1946. Many of these soldiers were raised in Vancouver and were recruited by the Canadian Army for service in WWII against the Japanese. Trained by the Special Operations Executive for covert operations conducting reconnaissance and surveillance, they were trained at Commando Bay on Okanagan Lake before being operationally assigned to Force 136 under British Command in South-East Asia. At least

thirteen of the soldiers had been parachuted behind enemy lines prior to the surrender of Japan. Four won the Military Medal for their bravery in action and all survived.



Ft Row L-R: Cpl Jong Bong, Capt Douglas Jung, Sgt Tommy Wong, Cpl Henry Fung  
 Mid Row L-R: Tpr Burkley Fung, Tpr Clifford Bong, Tpr Harry Lowe, Tpr Ronald Lee, Tpr Bill Marr, Tpr Tommy Jong,  
 Tpr Peter Bong, Tpr Tim Jang  
 R Row L-R: Charlie Ho, Unk, Unk, Lloyd Chow, Unk

Following the war, many of these veterans joined the BC Regiment and served for many years, including during the Fraser Valley Flooding of 1948. Their Troop Officer, Captain Douglas Jung became the first Chinese-Canadian Member of Parliament in Ottawa in 1957 when he was elected to represent Vancouver Centre. It is also important to remember that these men served faithfully our nation without the right to vote, which was restored in 1947.

Jumping forward, the make-up of the Regiment reflected the changing of our society and by the time I joined in the early 80s there were multiple ethnic groups represented, with many indigenous members, and our soldiers came from all over the Lower Mainland out to Mission. Current soldiers of the BC Regiment (DCO) can speak in at least nineteen different languages and reflect the current makeup of our society and nation. All proud Dukes!



BCR Summer Youth Employment Programme Aug 1982 Chilliwack  
 L-R: Pte Donna Shear, Pte Gary Chan, Unk, Pte Prasad (Kneeling) Pte Jim Barrett Patrol Comd



## **DUKE'S DEN**

### **MCPL DUKE A. BEAR PENDING DEPLOYMENT TO LATVIA, LEBANON & JORDAN 3 JULY 2022**

Well, after a memorable Canada Day and a relaxing day off yesterday, MCpl Duke A Bear is ready for his deployment on Ops to Latvia and Lebanon/Jordan to be with our Soldiers. Duke will be departing Vancouver later this week!



Oh, the double packing for northern and southern climates!!

Up the Dukes!



MCpl Duke-a-Bear in Lebanon



## MCPL DUKE A. BEAR

### DEPARTURE FOR DEPLOYMENT TO LEBANON

**14 JULY 2022**

After a brief delay, MCpl Duke A. Bear, will now be departing Vancouver for Zurich, Switzerland, with our very own Captain Peter Stocker, tomorrow morning. Captain Stocker will be meeting his wife, Captain Gina, of 39 Signal Regiment, for a holiday tour of Switzerland while she is on leave from her deployment in Lebanon. Upon her return to Lebanon, she will deliver Duke to CWO Tony Harris, former RSM of the Regiment, who is also deployed to Lebanon. CWO Harris is planning to attend the BCR Battlefield Tour in September and Duke will be accompanying him. Featured in the photo of the official transfer is Captain Peter Stocker, Duke and Gayle Hawthorne ("Mama Bear").

Up the Dukes!



**MCPL DUKE A. BEAR**  
**OPERATIONAL SERVICE MEDAL – EXPEDITION (OSM-EXP) – OP IMPACT –**  
**BEIRUT, LEBANON**  
**29 SEPTEMBER 2022**

Duke has now received his Operational Service Medal - EXPEDITION (OSM-EXP) for his service with CIMIC Mobile Training Team in Beirut, Lebanon this past summer. Kudos to former RSM of the Regiment, CWO Tony Harris, CD, for his excellent care of our Regimental Mascot during his deployment.

Duke's medals have been updated and duly mounted with his other medals by his good friend, MCpl Andrew Siwy, CD (Ret'd) of Victory Medals [victorymedals@gmail.com](mailto:victorymedals@gmail.com) Many thanks for the great work, Andrew!

Congratulations Duke and well done!

Up the Dukes!



# THE BRITISH COLUMBIA REGIMENT (DUKE OF CONNAUGHT'S OWN) MUSEUM SOCIETY



Lt. Col. Archibald Woodbury McLelan, 121<sup>st</sup> Battalion, CEF, (1884 – 1966)

## **Introduction**

Archibald Woodbury McLelan was a product of the 11<sup>th</sup> Regiment (Irish Fusiliers of Canada) and latterly the 121<sup>st</sup> Battalion, CEF, here follows a short discussion located at Memorybc.ca:

## **The 11<sup>th</sup> Field Regiment**

The 11<sup>th</sup> Regiment (Irish Fusiliers of Canada) was organized ca. 1913 and combined with the Vancouver Regiment in 1936 to form the Irish Fusiliers of Canada (Vancouver Regiment). In 1946 the Regiment became the 65<sup>th</sup> Light Anti-Aircraft Regiment (Irish Fusiliers) but in 1958 it was amalgamated with the 120<sup>th</sup> Independent Field Battery and reverted to the name Irish Fusiliers of Canada (Vancouver Regiment). (From memorybc.ca)

## **The 121<sup>st</sup> (Western Irish) Battalion, CEF (The “Battalion”)**

During 1915, the 121<sup>st</sup> Battalion, CEF was formed, based in New Westminster, B.C., with a large contingent drawn from the 11<sup>th</sup> Field Regiment, which included one Lt. Sherwood Lett, who was awarded the Military Cross and who served in the CEF at Hill 70 and Passchendaele, as well as in WWII at Dieppe (1942) and Overlord in Normandy (1944). He was wounded and evacuated from Dieppe as well as at Caen. He went on to become a diplomat as well as The Chief Justice of The Supreme Court of British Columbia and finally The British Columbia Court of Appeal.

On August 16, 1916, from the Nominal Roll of Officers and Men, the 121<sup>st</sup> embarked from Halifax, Nova Scotia, on Empress of Britain. (Source: Nominal Roll). Lt. Col. Archibald Woodbury McLelan appears as it's ranking officer. A significant number of the officers and men were drawn from the ranks of the 11<sup>th</sup> Field Regiment, including Lt. Col. McLelan.

Upon arrival, the battalion found themselves absorbed into the 16<sup>th</sup> Reserve Battalion, making Lt. Col. McLelan it's only Commanding Officer.

Today, the 121<sup>st</sup> is perpetuated by The British Columbia Regiment (Duke of Connaught's Own).

## **Personal Information – Archibald Woodbury McLelan**

Birth: 27 August 1884, Great Village, Colchester, Nova Scotia

Occupation at enlistment: Lumberman

Arrival in Vancouver, British Columbia: December 1907

Marriage: to Marie Antoinette Barnes in 1910 (1889-1933), later to Margaret Sloan Logan in 1930 (2 May 1893 - 22 May 1970).

Death: 18 October 1966, Royal Columbian Hospital, New Westminster, Greater Vancouver Regional District, B.C.

Parents: Gordon Wilson McLelan (1857-1931), Margaret Ellen Dunlap (1859-1926)

Burial: Valley View Memorial Gardens, Surrey, B.C.





## Obituary

McLELAN — On October 18, 1966, Lieut.-Col. Archibald Woodbury McLellan, 5652—156th Street, Surrey, aged 82 years. Survived by his wife, Margaret; 2 sons, Allan W., Campbell River; Gordon W., Surrey; 2 daughters, Mrs. W. (Mary) Collins; Mrs. W. M. (Margaret) McConnell, Surrey; 14 grandchildren; 2 brothers, Major T. G. McLellan, Shawnigan Lake; Capt. A. G. W. McLellan, Langley. Graveside service Saturday, October 22 at 10:30 a.m. in Valley View Memorial Gardens. Rev. T. D. Barnett officiating. S. BOWELL & SONS, directors.

Source: Vancouver Province, 20 October 1966, p.20

Note: Lt. Col. McLellan carries the same Christian and Surname as a well known person from Nova Scotia and the Federal Government in John A. MacDonald's day, however as indicated in "Find a Grave", he does not appear to be a direct Descendant of businessman, politician and Confederation opponent Archibald Woodbury McLellan (1824 – 1890).

## Military Career

5 May 1905: Militia, 11<sup>th</sup> Field Regiment, Lieutenant  
 December 1913: Promoted to Captain, Irish Fusiliers  
 Regimental Number, 121<sup>st</sup> Battalion: 6320 (Note: Library Canada does not identify a Regimental Number on its website, the number 6320 appears on many pages of his military record).  
 19 November 1915: Commissioned Officer appointment  
 1 December 1915: Officer's Declaration Papers – As Lieutenant Colonel  
 14 August 1915: Depart Halifax, Nova Scotia on "Empress of Britain"  
 24 August 1916: Arrive Liverpool on "Empress of Britain"  
 10 January 1917: Transfer to 16<sup>th</sup> Reserve Battalion – unfit for service  
 12 May 1917: Returned to Canada on S.S. "Olympic" for medical treatment, struck off G.M.F.  
 6 June 1917: Struck off Strength  
 14 June 1917: Struck off Strength – C.E.F.  
 3 January 1918: Granted leave of absence to 13 Feb 1918  
 14 August 1918: Struck off Strength, medically unfit

Lt. Col. McLelan's CEF record indicates significant medical issues while in the CEF, and no indication of direct military action. Further, there is no apparent recognition of his passing in media of the day, and apparently no Military recognition or ceremony to mark his passing.

### **Life after the Military**

Following discharge, Lt. Col. McLelan operated as a farmer as well as sole member of a Potato Board.

The 1921 Canada Census indicates that he was a farmer, in Surrey, B.C.

He was sued and adjudged personally liable for damages claimed by a potato grower in 1930, from an article in the Vancouver Province on 4 September 1930.

As noted above, he died in New Westminster, B.C. on 18 October, 1966.

### **Sources referenced for this article**

CEF Record: <https://central.bac-lac.gc.ca/.item/?op=pdf&app=CEF&id=B7058-S041>

Memory BC: <https://www.memorybc.ca/canada-militia-regiment-11th-irish-fusiliers-of-canada>

Ancestry.ca: Family tree of the subject.

Wikipedia: [https://en.wikipedia.org/wiki/121st\\_Battalion\\_\(Western\\_Irish\),\\_CEF](https://en.wikipedia.org/wiki/121st_Battalion_(Western_Irish),_CEF)

Nominal Roll of 121<sup>st</sup> Battalion: <https://militaryandfamilyhistory.blog/2016/04/18/nominal-rolls-of-the-canadian-expeditionary-force/>

Find a Grave/Valley View Memorial Gardens:

<https://www.findagrave.com/memorial/132132299/archibald-woodbury-mclelan>

1921 Canada Census: <https://www.ancestry.ca/discoveryui-content/view/7948924:8991>

Vancouver Province, 20 October 1966, p. 20

Vancouver Province, 4 September 1930, p. 2

Vancouver Daily World, 13 December 1913 p. 4

Death Record: Royal British Columbia Museum records

Prepared from materials located for the purpose of this article as at May 31, 2022

Prepared by Don Manning

June 1, 2022

Member, The British Columbia Regiment (DCO) Museum Society



### **Lt. Norman Leacock Yearwood MC, 7<sup>th</sup> Battalion, CEF**

Regimental Number 16375

#### **Introduction**

The Regimental Museum was honoured to have Mr Douglas Yearwood, the Grandson of Major Norman Leacock Yearwood, MC, who served with the 7th Battalion throughout WW I, visit on August 5th. Douglas has read all of the Regiment's published histories and thus has an



excellent knowledge of the Regiment and in particular his Grandfather's exploits. He was also able to provide some first-hand knowledge of Major Yearwood's wartime travails.

Early in the war, he was gassed, left for dead and had been piled onto a heap of corpses. Sometime later, a medic saw him twitch, and found that he was not quite yet dead. Major Yearwood was later commissioned and returned to win a Military Cross on the first day of the Battle of Amiens. when he charged across no man's land and captured a number of German gun crews.

Col. (Retd) Keith Maxwell advised this is consistent with the MC citation and dates.

Douglas also advised that Norman was a rifleman with the original contingent of the battalion when it left Vancouver for Valcartier and returned in 1919 as a Lieutenant (one of the few originals to survive).

(Author's Note: Private Yearwood appears in the Nominal Roll of the 7<sup>th</sup>). He was a Major in the regiment when he passed away in 1932. His grandson has a photo of the Regiment's officers with him in it. He obtained it from the City of Vancouver Archives. I asked him to send us a copy.

#### **Photos from the family collection: -**

First, just after the war, in Vancouver. On the right Major Yearwood's fiancé, Margaret Lawler and on the left, a friend, both dressed in his wartime uniforms.





Lieutenant Yearwood on the left, departing Buckingham Palace after receiving his Military Cross from the King.



Douglas Yearwood visiting the BCR Museum, 5 August 2022.



## From Attestation Papers

**Name:** YEARWOOD, NORMAN LEACOCK

**Rank:** LT

**Regimental Number:** 16375

**Date of Birth:** 1890-10-13

**Place of Birth:** Antigua, British West Indies

**Enlistment Date:** Sep 19, 1914, 12:00AM

**Place of Enlistment:** Valcartier QC Canada

**Unit:** 7th Battalion

**Reference:** RG 150, Accession 1992-93/166, Box 10632 - 57

**Item Number:** 330126

**Record Group:** Canadian Expeditionary Force (CEF)

**Digitized service file - PDF format:** [B10632-S057](#)

## Personal

Father: Thomas Edward Leacock Yearwood (1860-1915)

Mother: Bertha Guy (1869 – unknown)

Spouse: Margaret Elizabeth Lawler (1889 – 1982) marriage 16 April 1920, Vancouver, B.C.

Major Yearwood's obituary indicates there were two children by his marriage, their names are unknown at the date of writing.

## Military Career:

Selected Excerpts from Digitized Service File:

Enlisted into the 6<sup>th</sup> Regiment, Duke of Connaught's Own Rifles (DCOR's), mobilized for 10 August 1914.

Transferred to the CEF 21 September 1914, Rank Private.

Attested, 7<sup>th</sup> Battalion 22 September 1914.

Embarked for England 3 October 1914.

Taken on Strength, France, 7<sup>th</sup> Battalion, 7 February 1915.

Dispatched to Seaford England to qualify as a commissioned officer: 30 April 1917

Taken on strength B.C.R.D. on reporting from base: 4 May 1917.

On Command Canadian Training School. Boxhill, pending commission, 10 November 1917.

Ceases to be on Command C.T.S. and struck off strength to 1<sup>st</sup> Reserve Battalion: 26 January 1918.

Promoted from Acting Sergeant to Temporary Lieutenant 26 January 1918.

Proceeded to France to 7<sup>th</sup> Battalion: 23 April 1918.

Taken on Strength, 7<sup>th</sup> Battalion, France, 24 April 1918.

Wounded (in action): 15 August 1918 – This would have coincided with The Battle of Amiens in 1918

Awarded Military Cross: 7 November 1918.

Proceeded to England: 15 March 1919.

Demobilized: 25 April 1919

Certificate of Service: 19 November 1919

It is interesting to note that Lt. Yearwood experienced typhoid fever on two occasions prior to joining the 7<sup>th</sup> Battalion, as well as influenza and tonsillitis during his military service.

## Award of Military Cross, London Gazette, 7<sup>th</sup> November 1918. 13177:

“Lt. Norman Leacock Yearwood, Br. Col. R.

For conspicuous gallantry and fine leadership, He handled his platoon with great skill and determination during an attack, accounting for eight enemy machine guns and their crews. He set a splendid example of disregard for his own safety and displayed qualities of leadership of very high order.”

The Citation card is shown here:

E 1484				Medal ) Ledger ) Folios )
Number	Rank	Name	Unit	
	Lieut.	YEARWOOD, N.L.	British Col; Regt. 7th Bn.	Receipt ) Nos. )
No.	Honour or Award	Date	Authority	Details
1.	Military Cross.	31-8-18.	Divn Order. 2376	MILITARY CROSS. For conspicuous gallantry and fine leadership. He handled his platoon with great skill and determination during an attack, accounting for eight enemy machine guns and their crews. He set a splendid example of disregard for his own safety and displayed qualities of leadership of a very high order. L.O. 30997. 7.11.18.

Authors Note: A total of 45 members of the 7<sup>th</sup> Battalion were awarded the Military Cross during the Great War: page 345, Swift & Strong.

### Life after Military Service

The obituary and article which appeared in the Vancouver Province on May 22 and 23, 1932 indicate that he served in the Regiment as a Reservist, this suggests that he rose to a higher rank in steps culminating at the rank of Major. Major Yearwood does not appear to be referenced in Swift & Strong.

It is known that he served as an accountant in civilian life with Canadian National Steamships based in Vancouver, B.C. for approximately 21 years, suggesting his employment commenced at least as early as 1911. He lived on West 36<sup>th</sup> Avenue on the west side of Vancouver, B.C. at the time of his death.

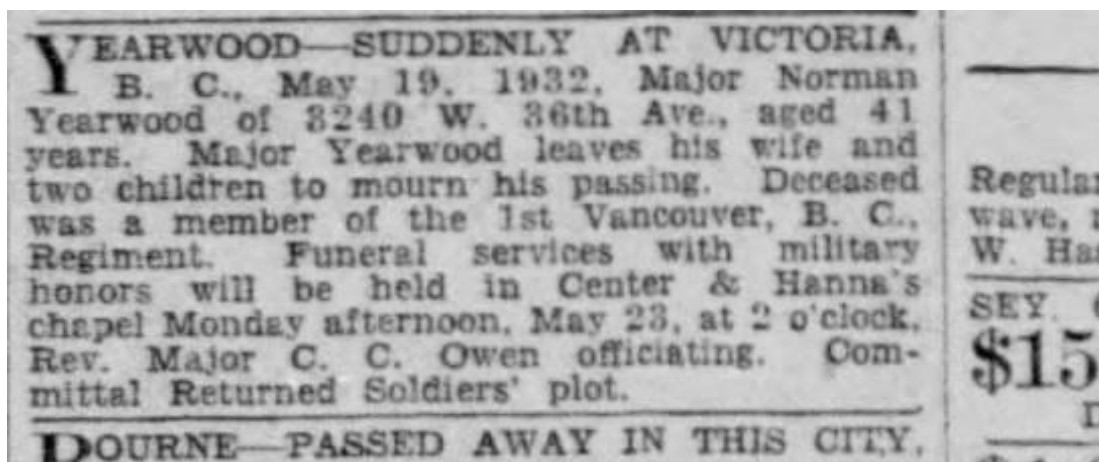


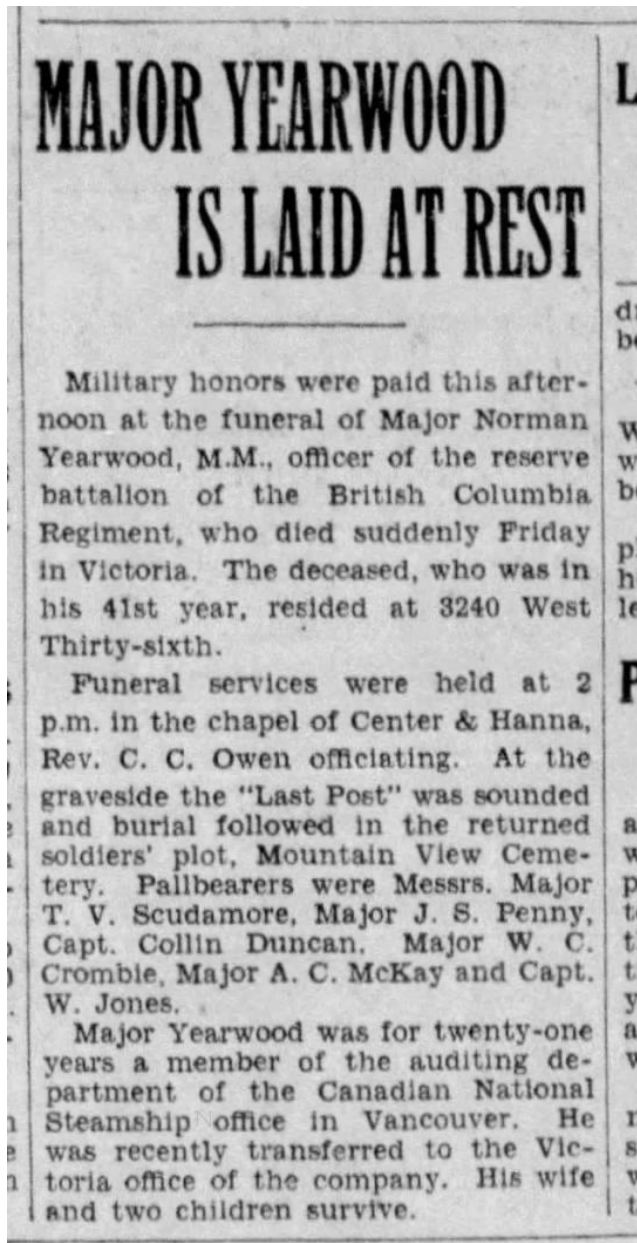
**Trooping of the Colours Image, 1925:** Thanks to the late Major James Skitt Matthews (1878 - 1970), who served in The 6<sup>th</sup> Regiment Duke of Connaught's Own Rifles and later was "appointed" to be the Archivist for City of Vancouver, this image, dating from 1925, has been preserved in the City of Vancouver Archives, and shows Major Yearwood in the front row, bottom row, left. The title shown is "Trooping of the Colours , 1<sup>st</sup> British Columbia Regiment (Duke of Connaught's Own Rifles) Cambie Street Grounds. Pictured here, using respective 1925 military ranks are: Major Yearwood, Captain W. Ponsford, Captain McKay, Captain Carmichael, Colonel Foster, Major Daykin, Major Letson, Major Stead, Major Marsden, Major Matthews, Lt. Letson, Captain Porter, Lt. Cornfield, Lt. Bradley, Major Benfield, Captain Donaghy, Major Haddock, Lt. Knowland, Lt. Armit, Lt. Lundell, Captain Pentreath, Major Leyfield , Lt. Simmonds and Captain Bartlet



### **Military Funeral and Obituary**

Vancouver Daily Province, 22 May 1932, p. 17





Note: the pallbearers comprised former officers from the 7<sup>th</sup> Battalion  
**Burial Location**

Mountain View Cemetery, Vancouver, B.C. Burial Information is referenced below.

**References relied on for this article:**

Library and Archives Canada: <https://www.bac-lac.gc.ca/eng/discover/military-heritage/first-world-war/personnel-records/Pages/item.aspx?IdNumber=330126>

Great Canadian War Project: <https://canadiangreatwarproject.com/person.php?pid=90228>

Transcription from Canada Militia and Defence Forces List 1832, 1863-1839) 1925 September:



“(Major, York Rang.) The War of 1914 – 21. France and Belgium 11/2/15 to 30/3/17;24/4/18 to 15/3/19. Wounded. 1914-15 Star, British War Medal, Victory Medal, MC.”

City of Vancouver Archives: <https://searcharchives.vancouver.ca/trooping-of-colours-1st-british-columbia-regiment-duke-of-connaughts-own-rifles-cambie-street-grounds-2>

Swift & Strong: LeBlanc, Maxwell, Snow, Deschenes

British Military Cross Information: <https://www.veterans.gc.ca/eng/remembrance/medals-decorations/details/45>

Genealogy Source:

My Heritage:

[https://www.myheritage.com/research?s=863025361&formId=master&formMode=1&useTranslation=1&exactSearch=&p=1&action=query&qname=Name+fn.Norman%2F3Leacock+fnmo.1+ln.Yearwood+lnmsrs.false&qevents-event1=Event+et.birth+ey.1890&qevents-any/1event\\_1=Event+et.any+ep.British%2F3West%2F3Indies+epmo.similar&qevents=List](https://www.myheritage.com/research?s=863025361&formId=master&formMode=1&useTranslation=1&exactSearch=&p=1&action=query&qname=Name+fn.Norman%2F3Leacock+fnmo.1+ln.Yearwood+lnmsrs.false&qevents-event1=Event+et.birth+ey.1890&qevents-any/1event_1=Event+et.any+ep.British%2F3West%2F3Indies+epmo.similar&qevents=List)

Ancestry.ca (Citation Card, Military Cross): [https://www.ancestry.ca/discoveryui-content/view/66043:2471?\\_phsrc=yLs3&\\_phstart=succesSource&qsfm=Norman+Leacock&qslm=y\\_earwood&ml\\_rpos=1&queryId=30361fb72ea71936d7911f129506a9fc](https://www.ancestry.ca/discoveryui-content/view/66043:2471?_phsrc=yLs3&_phstart=succesSource&qsfm=Norman+Leacock&qslm=y_earwood&ml_rpos=1&queryId=30361fb72ea71936d7911f129506a9fc)

Death Record (Royal B.C. Museum – Copy of Death Record not provided):

Event Type:

Death

Registration Number:

1932-09-474455

BC Archives Mfilm Number: B13146

GSU Mfilm Number:1952657

Event Date (YYYY-MM-DD):1932-05-20

Event Place: VICTORIA

Age at Death:41

Person: NORMAN YEARWOOD

Mountain View Cemetery, Vancouver, B.C:

<https://covapp.vancouver.ca/BurialIndex/PersonDetail.aspx?PersonId=fe03eae-25a0-4ed3-8690-8cc48df27b26>

City of Vancouver Archives: <https://searcharchives.vancouver.ca/trooping-of-colours-1st-british-columbia-regiment-duke-of-connaughts-own-rifles-cambie-street-grounds-2>

Article Prepared 9 August, 2022

Prepared by Don Manning, Member, The British Columbia Regiment (DCO) Museum Society with an introduction prepared by William Whalen, President, The British Columbia Regiment (DCO) Museum Society

## **OUT OF THE PAST The BRITISH COLUMBIA REGIMENT (DCO) SHOOTING TEAMS**

The Regiment has enjoyed a protracted and mesmerizing history established by tens of thousands of "Canadian Citizen Soldiers" who have given voluntary service, during peace and war, since the formation of the Seymour Artillery Company in New Westminster B.C. in 1866. That's 156 years of military service to Canada. It's easy to put aside the past. We are all very committed in serving the Regiment, during our tenures of military service and perhaps fail to recollect to-days military service events become historical in character. It's titled "Regimental History"; to which you have a responsibility. As a "Duke", serving or retired, consider preparing a record, with photos if possible, of your time with the Regiment. Also, keep a

copy with your family records, and consider forwarding a copy to the Regimental Museum Society for custody in the Regimental Archives.

In future issues of the "Duke Newsletter" we will endeavor to feature a column titled, "OUT OF THE REGIMENT'S PAST". It will encompass photos, letters/stories and activities that make-up the Regiment's history.

Journey back to 1876 with the Seymour Artillery Company. During the Regiment's Artillery years, there was great musketry rivalry between the Seymour Artillery Company and the New Westminster Rifles. In the photo below the members of the New Westminster Rifles won this match over the Seymour Artillery Company.

The British Columbia Rifle Association  
Competition at Clover Point, Vancouver Island – 1876



1. Captain Richard Wolfenden, 2. Captain E.H. Fletcher,  
3. Sergeant J.C. Brown, and 4. Lieutenant Adam Jackson

You are likely wondering how this photo relates to our Regiment. Colonel, then Corporal, Richard Wolfenden arrived in Canada, in 1858, with Colonel Moody's Royal Engineers. He was Colonel Moody's scribe.

Captain Richard Wolfenden was the Adjutant of the New Westminster Rifles. In later years he was promoted to Lt-Col and appointed to command the Provisional Regiment of Garrison Artillery. Col Wolfenden was the Regiment's second Commanding Officer. In civilian life, he was British Columbia's first "Queens Printer", and well known for his social and community life. He passed away in Victoria, B.C. in 1911.

Mount Wolfenden, located on the north side of Neroutsos Inlet, directly across from Port Alice B.C., recognizes and honours Lieutenant Colonel Richard Wolfenden.

LCOI, (Ret'd) Arche M. Steacy, CD  
British Columbia Regiment (DCO)



## BCR ASSOCIATION KIT SHOP

The BCR Kit Shop is now online:

<http://www.canex.ca/military/military-kit-shops/army-kit-shops.html?cat=1262>

You can now buy a tie and lapel pin. They also have the BCR hoodie and PT Shirts (male and female option).

The blazer crest is available online at <http://www.canex.ca/british-columbia-regiment-blazercrest.html>

These items can be purchased online and shipped to you at home.

The Kit Shop has the following items for sale:

1. Mini Guidons – estimated cost is \$130.00 – in stock.
2. **NEW:** BCR cap badge on cuff links, pens and pocket watch.
3. **NEW:** BCR flag (36" x 72") - \$150.00

To place an order, please e-mail [KitShop@DukeABear.com](mailto:KitShop@DukeABear.com)

Mini - \$130.00



Cuff Links - \$35.00



Pen - \$25.00



Pocket Watch - \$105.00

# REMEMBRANCE

We remember all past members of the Regimental Family who have passed away during 2022.  
May they Rest in Peace knowing they are not forgotten

## **CAPTAIN ANTHONY LIEM, CD** **10 June 2022**



Captain Tony Liem, CD, served with 2290 BCR for many years as part of his long career as a CIC Officer which saw him command both 2472 15 FD RCACC and 2290 BCR (DCO) RCACC from 2017 to 2021. He was currently serving on the staff of the 72<sup>nd</sup> Seaforth Highlanders of Canada RCACC. Capt Liem's passing followed a sudden medical emergency from which he succumbed three weeks later. He is survived by his wife, a son and daughter. On behalf of all members of the Regimental Association, our sincere wishes go out to his family.

### **Obituary for Capt. Anthony Liem**

It is with profound sadness and heavy hearts that we announce the passing of our loving husband, father, son, brother and uncle, Anthony (Tony) Liem. He is predeceased by his father Petrus Liem (2012). He is survived by his mother Bernadette, his wife Rainnyawati (Rainny), his son Christiansen (Hansen) and his daughter Angeliana (Angie), as well as his brothers and their families: Chris (Caecelia, Claire & David, Caleb, Caroline & Daniel), Erwin (Aida), Kiki (Lauretta, Courtney & Ayad, Jordan & Alannah) and Johannes (Teresa, Maya, Nina).

Captain Tony Liem, CD, served with 2290 BCR for many years as part of his long career as a CIC Officer which saw him command both 2472 15 FD RCACC and 2290 BCR (DCO) RCACC from 2017 to 2021. He was currently serving on the staff on the 72<sup>nd</sup> Seaforth Highlanders of Canada RCACC. Captain Liem's passing followed complications due to heart issues from which he succumbed six weeks later.

He is deeply missed and remembered by all who knew him. The family would like to thank all who provided care to Anthony.



Funeral Mass was held at St. Jude's Catholic Church, 3078 Renfrew Street, Vancouver, BC, on Friday, June 17 at 11 am. A ceremony of remembrance will be held at the Burrard Armoury, 620 Beatty Street, Vancouver, at 6 pm June 17, 2022.

#### **Memorial Donations**

In lieu of flowers please consider making a donation in Captain Tony Liem's memory to your local army cadet corps.

## **PASSING OF MRS GRACE LUNGLEY WIFE OF FORMER BCR COMMANDING OFFICER LT-COL ARTHUR LUNGLEY, CD**



LUNGLEY, Grace Megan

August 29, 1916 - May 30, 2022

Grace Elliot (Morrow) Lungley was born August 29, 1916, in Regina, Saskatchewan, Canada to parents Norman Elliot and Elizabeth (Singleton) Elliot. As a child she grew up in the village of Regina Beach, a tiny community of a handful of families that expanded to perhaps 200 souls in the summer because of a nearby lake. There she and her four siblings Eva, James, Lorna and Thomas played, went to school and helped in the Elliot General store that her father and mother built and ran. At the age of 12 she and the family moved to New Westminster and soon after Vancouver (B.C.)

After graduating from high school, in the depth of the depression, she was able to get a "good" job working for the telephone company. She lived at home until the age of 27 when she met and married David James Morrow, a part owner of the Star Steam Laundry and a dashing young officer in the Canadian navy. Tragically, two years later, her beloved husband David was lost at sea November 1944, the result of a German submarine finding its target towards the end of World War II. Fortunately, Alice Davida Morrow was born 7 months later.

As a beautiful merry widow Grace was wined and dined by many. She traveled to Switzerland for one month and stayed for six. She volunteered with the Junior League and later was President of the Georgian

Club, now part of the Vancouver Club.

Ten years after the death of her first husband, Grace met and married the second love of her life Arthur Frank Lungley on March 1, 1956. An immigrant from England, tall, handsome, a survivor of WWII, he was a good husband, stepfather and son-in-law to Grace's mother Elizabeth who continued to live with the family for the rest of her life.

An inveterate shopper, nothing put more of a glint in her eye and delight in her demeanor than to go on a shopping expedition, "for bargains". Clothes, "antiques", food, she was always looking for the yellow tags at Fred Meyer or the sale bin at the Army and Navy. Even a few months before her death, after she was vaccinated and boosted for Covid her idea of fun was to shop at Fred Meyer looking for the yellow tags using the shopping cart for support.

Always ready to entertain and travel, Grace and Arthur went on many adventures together, particularly long trips to Maui where they met and became long-time friends with so many from the Maui Kai. And they hosted parties to celebrate New Years', birthdays, anniversaries together and then after Arthur's death Grace carried on entertaining. And she often travelled to far off places with her daughter, husband and family: at 80 to Cambodia, at 90 to Botswana, at 100 to Myanmar, mixed in with several bareboat sailing trips along the way.

St. Augustine's Anglican Church was a big focus at the end of her life. She loved the friends she made there, gathering greens from the neighborhoods nearby for the decorations, and in particular tending the church garden. Having sold her Vancouver home of 45 years she took up apartment living with gusto again making good friends at The Fontainebleau. Finally, she was persuaded to move to Portland OR to be near her daughter and family. So, in 2020 at 103 years of age she was a new immigrant to Portland Oregon, but still living independently in her own newly purchased condo. It was in her condo in her bed that she died peacefully in her sleep, which was what she wanted.

Grace is predeceased by her parents and all her siblings and her two husbands, the last of an era. She is survived by her daughter Davida (Slate) plus grandchildren Megan (Mike) and Will and two beloved great grandchildren Leone Grace and Edith and many nieces, nephews, and friends. In later life she became good friends with her stepson (Brooke Campbell now deceased) and his wife Janet Campbell and their children Shan Bodie (Jeremy) and Alan Campbell (Shelley) and their relatives in England.

No flowers please. Donations may be made to St. Augustine's Anglican Church (Vancouver Canada), 8680 Hudson St. or Vancouver Art Gallery, Vancouver, Canada or Portland Art Museum , Portland OR. There will be a Celebration of Life at the Multnomah Athletic Club 1849 SW Salmon St., Portland OR 97205 on June 26 at 3 p.m. "She lived and laughed and loved and left" - James Joyce



## **Trooper Henry Kriwoken 28<sup>th</sup> Canadian Armoured Regiment (British Columbia) 20 June 2022**

It is with sadness that we report that Trooper Henry Kriwoken passed away peacefully in hospital after a short illness on June 20<sup>th</sup> at the age of 102. The BCR Regiment and Sgt Dwayne Snow have been in contact with his family and will be reaching out to the family. Sgt Snow has been asked to organize a 'Celebration of Life' at the local Royal Canadian Legion where Henry was quite well known in the veterans' community. Details of the service will be provided when arranged.

On behalf of all members of the BCR Regimental Association, and Regimental Family, we express our deepest consolation to Henry Kriwoken's family.

## **Remembering George Ing BC Provincial Legislature**





## ASLEEP

At the going down of the sun and in the morning,  
We shall remember them.

### Editor's Final Note:

We hope that you enjoyed reading this edition of The Duke, which covers off all the activities engaged in by the BC Regiment and our Regimental Family from 1 Jun until the end of September 2022. This becomes part of the history of the unit. We thank all those who have contributed to the many articles attached, especially those who write articles for us on a regular basis. Of course, any errors are mine to admit and correct.